Evaluation of a School-Based Depression Prevention Program for Youths in High-risk Neighborhoods.

No registrations found.

Ethical review	Positive opinion
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON23315

Source
NTR

Health condition

Adolescents, depression, prevention

Sponsors and support

Primary sponsor: Behavioural Science Institute, dept of Developmental Psychopathology
Source(s) of monetary or material Support: Zon-Mw, The Netherlands. Organization for Health and Research and Development

Intervention

Outcome measures

Primary outcome

Depressive symptoms; Child Depression Inventory (CDI).

Secondary outcome

1. Attribution style; Adolescent Cognitive Style Questionnaire (ACSQ);

2. Response Style; Children's Respons Style Questionnaire (CRSQ);

3. Cognitive errors; Children’s Negative Cognitive Error Questionnaire-Revised (CNCEQ-R);

4. Alexithymia; Toronto Alexithymia Scale (TAS20);

5. Happiness (Cantril ladder);

6. School grades;

7. Substance use.

Study description

Background summary

In this randomized controlled trial (RCT, with 2 conditions, intervention and control group) the effectiveness and mediating mechanisms of a school-based depression prevention program for adolescents (12-14 years of age) from high-risk neighborhoods will be tested. Adolescents in the intervention group receive the program consisting of 16 lessons integrated with the school curriculum. Measurements of primary and secondary outcomes will be conducted in the intervention and control group at four times (baseline, post intervention, 6 and 12 months follow up).

Study objective

The depression prevention program ("Op Volle Kracht") will be delivered by teachers in the school curriculum in schools with adolescents from high-risk background. It is expected that adolescents who receive the interventions will show lower (increase in) depressive symptoms during the follow-up measurements, compared to the control group. Mediating effects for cognitive vulnerability to stress are hypothesized.

Study design

1. Baseline (December 2011);

2. Post intervention (June 2012);

3. Follow up: 6 months after the end of the intervention (December 2012);

4. Follow up: 12 months after the end of the intervention (June 2013).

Intervention

Participating classes will be randomly allocated to the intervention or control condition, stratified for educational level. Allocation will be done within schools. All the groups in the intervention condition will receive the program which consists of 16 lessons of 50 minutes and will be integrated in the school curriculum from January until June 2012. The program will be delivered by trained teachers.
Adolescents in the control condition receive no intervention and will follow the regular school curriculum.

Contacts

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Eligibility criteria

Inclusion criteria

1. Adolescents in 7th and 8th grade, high school (ages 12-14 years);

2. Schools with at least 30% of the pupils living in low income areas. 7th and 8th grade (VMBO-K, VMBO-T, HAVO, VWO, Gymnasium);

3. Passive informed consent.

Exclusion criteria

Parents who do not allow their child to participate.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	N/A , unknown

Recruitment

NL

Recruitment status:	Recruiting
Start date (anticipated):	01-12-2011
Enrollment:	1453
Type:	Anticipated

Ethics review

Positive opinion

Date:	12-10-2011
Application type:	First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL2963
NTR-old	NTR3110
Other	ZonMw : 80-82470-98-006-01
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Study results

Summary results
N/A