

# Treatment of challenging behaviour with medication; is there another way?

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON23433

### Source

NTR

### Brief title

CHALIDIT-CRT

### Health condition

Mental health problems

## Sponsors and support

**Primary sponsor:** UMCG

**Source(s) of monetary or material Support:** ZonMw, Innovatiefonds Zorgverzekeraars

## Intervention

## Outcome measures

### Primary outcome

Aberrant Behavior Checklist

### Secondary outcome

Behavior Problems Inventory, Quantity and quality of off-label psychotropic drug prescription,

Medical diagnoses, Restrictive measures, Implemented interventions, Type, dosage and frequency of psychotropic drugs, The number and nature of side-effects of psychotropic drug use,

Baseline measures: Minimal Data Set (MDS), Personal Outcome Scale (POS), Checklist Life Events (CLE), Psychiatric Assessment Schedule for Adults with a Developmental Disability Checklist (PAS-ADD Checklist), Vragenlijst over Ontwikkeling en Gedrag van kinderen (VOG)

## Study description

### Background summary

This study investigates whether diagnosis and treatment of challenging behaviour, as provided by an integrative team of mental health care specialists and intellectual disability specialists, when optimising the use of off-label psychotropic drugs amongst individuals with a moderate to profound intellectual disability and challenging behaviour, leads to better results as measured with the Aberrant Behavior Checklist than care-as-usual.

### Study objective

The hypothesis of this study is that treatment and diagnosis of challenging behavioural symptoms, (which are or have been reason for off-label psychotropic drug prescription), as provided by this integrative team, when optimising the use of off-label psychotropic drugs amongst individuals with a moderate to severe intellectual disability and challenging behaviour, leads to better results as measured with the Aberrant Behavior Checklist than care-as-usual.

### Study design

Baseline, 8, 16, 24, 32, 40 and 52 weeks

### Intervention

Integrative care provided by a specialist mental health care team

## Contacts

### Public

GGZ Drenthe  
Gerda de Kuijper

0631623826

## Scientific

GGZ Drenthe

Gerda de Kuijper

0631623826

## Eligibility criteria

### Inclusion criteria

- Person with a moderate to profound intellectual disability (level of cognitive development < 6 years)
- Age > 12 years
- Off-label psychotropic drug use for more than one year
- Informed consent (IC) signed by participant and/or participant representative (depending on the competence of the participant)

### Exclusion criteria

- One of the following DSM diagnoses:
  - Dementia
  - Chronic psychotic disorder
  - Schizoaffective disorder
  - Bipolar disorder type I
- Significant life event in the past six months

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	N/A , unknown

## Recruitment

NL  
Recruitment status: Recruitment stopped  
Start date (anticipated): 01-09-2020  
Enrollment: 36  
Type: Actual

## IPD sharing statement

**Plan to share IPD:** Yes

## Ethics review

Positive opinion  
Date: 12-07-2019  
Application type: First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

### Register ID

NTR-new NL7868

Other Medisch Ethische Toetsingscommissie UMC Groningen : 201900479

## Study results