

# Adalimumab bij perifere spondyloartritis zonder AS of PsA.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON23446

### Source

NTR

### Brief title

N/A

### Health condition

spondyloarthritis, spondylitis ankylosans, arthritis psoriatica

## Sponsors and support

**Primary sponsor:** dr Baeten

**Source(s) of monetary or material Support:** investigator initiated  
3e geldstroom en mede gefinancierd door industrie

## Intervention

## Outcome measures

### Primary outcome

The primary objective is to evaluate the efficacy and safety of adalimumab for the treatment of peripheral spondyloarthritis not fulfilling the classification criteria for AS or PsA.

### Secondary outcome

The secondary objectives of this study are to assess the effect of adalimumab on:

1. Function and quality of life;
2. Serum biomarkers;
3. Synovial biomarkers.

## Study description

### Background summary

N/A

### Study objective

Effectiviteit en veiligheid van behandeling met adalimumab worden geëvalueerd bij patienten met perifere spondyloarthritis.

### Study design

Following a screening period of 3 weeks, patients with active peripheral spondyloarthritis not fulfilling the classification criteria for AS or PsA (see appendix 1) will be enrolled into a (1:1) 12-week randomized double-blind, placebo-controlled treatment period, followed by a 12 week open extension where all patients will receive adalimumab (Humira®). Patients are allowed to use concomitant non-steroidal anti-inflammatory drugs (NSAIDs), corticosteroids (prednisone equivalent  $\leq 10$  mg/day) and disease-modifying anti-rheumatic drugs (DMARDs) provided the dose has been stable for at least 4 weeks prior to baseline.

In total there will be 6 study visits: Screening, baseline, week 6, 12, 18, and 24.

There will be a  $\pm$  3-day deviation for all return visits. All visits will be fixed with reference to the baseline visit.

### Intervention

Geneesmiddel: humira/adalimumab EU/1/03/256/007-010.

De eerste 12 weken worden de patienten behandeld met adalimumab (40 mg per 2 weken, subcutane injectie) of placebo (ratio 1:1). De laatste 12 weken worden alle patienten behandeld met adalimumab.

# Contacts

## Public

PO Box 22700  
D. Baeten  
Academic Medical Center/University of Amsterdam,  
Division of Clinical Immunology and Rheumatology,  
room F4-218

Amsterdam 1100 DE  
The Netherlands  
+ 31 (0)20 5667765

## Scientific

PO Box 22700  
D. Baeten  
Academic Medical Center/University of Amsterdam,  
Division of Clinical Immunology and Rheumatology,  
room F4-218

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The Netherlands  
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# Eligibility criteria

## Inclusion criteria

1. Leeftijd 18-70;
2. 3 maanden diagnose perifere spondyloarthritis en niet voldoen aan classificatie spondylitis ankylosans;
3. Matig tot ernstig actief;
4. Minstens 1 gezwollen en 1 pijnlijk gewricht;
5. Onvoldoende respons op NSAID;
6. Vrouwelijke patienten moeten geen kinderen (meer) kunnen krijgen of betrouwbare methode van geboortecontrole tot 150 dagen na studie.

## **Exclusion criteria**

1. In 2 maanden voor start behandeling met anti-TNF of andere studie-medicatie;
2. In 4 weken voor start een intra articulaire inject met corticosteroiden;
3. Actieve gewrichtsziekte die kan interfereren met het beoordelen van artritis;
4. Voorgeschiedenis van actieve tuberculose;
5. Recente of persisterende infectie waarvoor hospitalisatie of antibiotische behandeling vereist is in de 4 weken voor start van studie;
6. Significante (voor)geschiedenis van hartziekte, nierziekte, neurologische ziekten, metabole ziekten of elke andere ziekte die de deelname aan de studie kan verstoren;
7. (Voor)geschiedenis van maligniteit in de voorbije 10 jaar (uitz basaal celcarcinooma vd huid).

## **Study design**

### **Design**

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Placebo

## **Recruitment**

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	23-03-2009
Enrollment:	40
Type:	Actual

## **Ethics review**

Positive opinion  
Date: 07-05-2009  
Application type: First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL696
NTR-old	NTR1806
Other	METC AMC : 08/322
ISRCTN	ISRCTN wordt niet meer aangevraagd

## Study results

### Summary results

N/A