

Evaluating real-time internet therapy for alcohol dependence: a three-arm open randomized clinical trial.

No registrations found.

Ethical review	Positive opinion
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON23556

Source

NTR

Brief title

Real-time internet therapy for alcohol dependence

Health condition

Heavy alcohol consumption.

Sponsors and support

Primary sponsor: Amsterdam Institute for Addiction Research (AIAR)

Academic Medical Center, University of Amsterdam

Source(s) of monetary or material Support: ZON-MW, The Netherlands Organization for Health Research and Development

JellinekMentrum

Intervention

Outcome measures

Primary outcome

Alcohol intake.

Secondary outcome

1. AUDIT-score;
2. Quality of Life;
3. Ability to work.

Study description

Background summary

N/A

Study objective

Online therapy will reduce drinking more compared to online self-help and waiting list. Online self-help will reduce drinking more compared to waiting list.

Study design

N/A

Intervention

1. "therapy online", a real-time, online, non-anonymous, counselor-guided therapy module;
2. "self-help online", an anonymous, online, non-counselor involved, fully automated self-guided treatment module;
3. Waiting-list (control).

Contacts

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Eligibility criteria

Inclusion criteria

1. Men/women age 18+;
2. AUDIT score >8;
3. Drinking problematic as defined in WHO criteria.

Exclusion criteria

1. Potentially deadly physical condition;
2. Serious comorbidity.

Study design

Design

Study type: Interventional

Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Placebo

Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-03-2008
Enrollment:	300
Type:	Anticipated

Ethics review

Positive opinion	
Date:	05-12-2007
Application type:	First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL1120
NTR-old	NTR1155
Other	ZonMW : 60-60600-97-124
ISRCTN	ISRCTN wordt niet meer aangevraagd

Study results

Summary results

N/A