

OUTO study

No registrations found.

Ethical review	Positive opinion
Status	Recruitment stopped
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON23625

Source

Nationaal Trial Register

Brief title

OUTO

Health condition

Colorectal cancer, abdominal aortic aneurysm

Sponsors and support

Primary sponsor: L. van der Laan, MD PhD, Department of Surgery, Amphia hospital Breda, The Netherlands.

Source(s) of monetary or material Support: Vifor Pharma = Initiator = Sponsor

Intervention

Outcome measures

Primary outcome

Incidence of delirium

Secondary outcome

Complications, length of hospital stay, ICU admission, functional dependency, institutionalisation, quality of life and mortality up to one year

Study description

Background summary

Before-and-after trial on the effectiveness of a prehabilitation program to reduce the incidence of postoperative delirium and other postoperative adverse events

Study objective

Multicomponent prehabilitation can reduce postoperative delirium and other postoperative adverse events

Study design

Baseline, discharge, 2 weeks post-discharge, 6 months and 12 months

Intervention

For an optimal period of 5 weeks prior to surgery, physical health, nutritional health status, factors of frailty and haemoglobin levels will be optimised

Contacts

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Eligibility criteria

Inclusion criteria

Patients aged 70 years or older;

All Ethnicities;

Both sexes;

Patients planned to undergo elective abdominal surgery for colorectal cancer or an abdominal aortic aneurysm;

Exclusion criteria

Acute admission or surgical intervention,
All patients who do not speak Dutch or English.

Study design

Design

Study type:	Interventional
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	05-11-2015
Enrollment:	267
Type:	Actual

IPD sharing statement

Plan to share IPD: No

Ethics review

Positive opinion

Date: 05-04-2016

Application type: First submission

Study registrations

Followed up by the following (possibly more current) registration

ID: 42382

Bron: ToetsingOnline

Titel:

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL5575
NTR-old	NTR5932
CCMO	NL55694.101.15
OMON	NL-OMON42382

Study results