

Prevention of anxiety and depression in the elderly.

No registrations found.

Ethical review	Positive opinion
Status	Recruitment stopped
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON23642

Source

NTR

Brief title

PIKO-D

Health condition

Stepped care for anxiety and depression, usual care

Sponsors and support

Primary sponsor: Netherlands Organisation for Health Research and Development

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Intervention

Outcome measures

Primary outcome

Incidence of clinical anxiety and/or major depression in two years (Mini International Neuropsychiatric Interview, MINI).

Secondary outcome

1. Reduction of self-reported anxiety and/or depressive symptoms as measured with the CES-D, the Hospital Anxiety Depression Scale (HADS-A);
2. Improvement of quality of life (SF-36)
Mortality.

Study description

Background summary

Aim is to evaluate the effects versus usual care of a generic stepped care programme to reduce the incidence of anxiety and depression in the elderly living in the community to be used by home care nurses.

Study objective

The stepped care approach will lead to a significantly reduced incidence of clinical anxiety and depression in two years and will reduce symptoms level compared to usual care.

Study design

N/A

Intervention

Stepped care programme:

1. Symptom monitoring every three months (CES-D);
2. Leaflet and selfhelp book coached by homecare nurse;
3. Problem solving treatment by community psychiatric nurses (CPN);
4. Suggestion to discuss medication with general practitioner (GP).

Contacts

Public

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Eligibility criteria

Inclusion criteria

Persons 75 years of age and over living in the community Centre for Epidemiological Studies Depression (CES-D) score of 16 or higher.

Exclusion criteria

Meeting criteria for major depression and/or clinical anxiety. Insufficient mastery of the Dutch language. Unwilling or unable to give informed consent.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Single blinded (masking used)
Control:	Active

Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	15-09-2004
Enrollment:	170
Type:	Actual

Ethics review

Positive opinion	
Date:	22-09-2005
Application type:	First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL378
NTR-old	NTR418
Other	: N/A
ISRCTN	ISRCTN26474556

Study results

Summary results

N/A