# **REMOTE 2**

No registrations found.

**Ethical review** Positive opinion **Status** Recruiting

Health condition type -

**Study type** Interventional

# **Summary**

#### ID

NL-OMON23694

**Source** NTR

**Brief title**REMOTE 2

**Health condition** 

MDS, MPN

## **Sponsors and support**

Primary sponsor: non

Source(s) of monetary or material Support: TRIP transfusie en transplantatiereacties in

patiënten and LUMC

### Intervention

#### **Outcome measures**

### **Primary outcome**

Heart rate

### **Secondary outcome**

Cognition, activity, QoL

# **Study description**

### **Background summary**

24 transfusion dependent MDS/MPN patients receive 3 different amounts of RBC transfusion (Standard of Care(SoC) amount, SoC+1 and SoC+2). Continuous heart rates and activity parameters are monitored using a smartwatch, cognitive and QoL parameters are measured with web-based tests/questionnaires.

### **Study objective**

Transfusing these patients to a higher hemoglobin level will increase their cognition, activity and decrease the average heart rate.

### Study design

0) Baseline demographics

Continuously(during each study transfusion cycle): heart rate and activity parameters with withings steel HR smartwatch

### First study transfusion

- 1) 1-3 days before study transfusion: QUALMS and MFI questionnaires; CANTAB Cognitive tasks: RVP SWM and OTS; Heart rate and bloodpressure with Withings BPM connect; Hemoglobin level.
- 2) directly after study transfusion: Hemoglobin level
- 3) 2-4 days after study transfusion: QUALMS and MFI questionnaires; CANTAB Cognitive tasks: RVP SWM and OTS; Heart rate and bloodpressure with Withings BPM connect;
- 4) 1-3 days before next transfusion: QUALMS and MFI questionnaires + questionnaire on experience of last transfusion; CANTAB Cognitive tasks: RVP SWM and OTS; Heart rate and bloodpressure with Withings BPM connect;

#### Second study transfusion

- 5) 1-3 days before study transfusion: QUALMS and MFI questionnaires; CANTAB Cognitive tasks: RVP SWM and OTS; Heart rate and bloodpressure with Withings BPM connect; Hemoglobin level.
- 6) directly after study transfusion: Hemoglobin level
- 7) 2-4 days after study transfusion: QUALMS and MFI questionnaires; CANTAB Cognitive tasks: RVP SWM and OTS; Heart rate and bloodpressure with Withings BPM connect;
- 8) 1-3 days before next transfusion: QUALMS and MFI questionnaires+ questionnaire on experience of last transfusion; CANTAB Cognitive tasks: RVP SWM and OTS; Heart rate and bloodpressure with Withings BPM connect;

#### third study transfusion

9) 1-3 days before study transfusion: QUALMS and MFI questionnaires; CANTAB Cognitive tasks: RVP SWM and OTS; Heart rate and bloodpressure with Withings BPM connect;

Hemoglobin level.

- 10) directly after study transfusion: Hemoglobin level
- 11) 2-4 days after study transfusion: QUALMS and MFI questionnaires; CANTAB Cognitive tasks: RVP SWM and OTS; Heart rate and bloodpressure with Withings BPM connect; 12) 1-3 days before next transfusion: QUALMS and MFI questionnaires+ questionnaire on experience of last transfusion; CANTAB Cognitive tasks: RVP SWM and OTS; Heart rate and bloodpressure with Withings BPM connect;

#### Intervention

+1 or +2 RBC's at a transfusion episode, control: normal number of RBC's

## **Contacts**

#### **Public**

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#### Scientific

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# **Eligibility criteria**

#### Inclusion criteria

MDS or MDS/MPN, transfusion dependent. >18 years old.

### **Exclusion criteria**

- significant cardiac, pulmonary of renal failure.
- recent change of therapy that might influence the transfusion need.

## Study design

## **Design**

Study type: Interventional

Intervention model: Crossover

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: N/A , unknown

#### Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 01-02-2021

Enrollment: 24

Type: Anticipated

## **IPD** sharing statement

Plan to share IPD: Yes

#### Plan description

Individual participant data that underlie the results reported in this article, after deidentification (text, tables, figures, and appendices). Other documents that will be available are the study plan and statistical analysis plan. Data will be available following publication, no end date. It will be shared with researchers who provide a methodologically sound proposal to achieve aims in the approved proposal. The data will be available in our University's data warehouse but without investigator support other than deposited metadata.

## **Ethics review**

Positive opinion

Date: 10-02-2021

Application type: First submission

## **Study registrations**

## Followed up by the following (possibly more current) registration

ID: 52859

Bron: ToetsingOnline

Titel:

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL9289

CCMO NL73847.058.20 OMON NL-OMON52859

# **Study results**