# Training the brain with virtual reality treadmill training to enhance mobility and reduce falls in elderly with Parkinson's Disease.

No registrations found.

**Ethical review** Positive opinion

**Status** Pending

Health condition type -

Study type Interventional

# **Summary**

## ID

NL-OMON23705

Source

NTR

**Brief title** 

V-TIME neural plasticity study

**Health condition** 

Parkinson's Disease

## **Sponsors and support**

**Primary sponsor:** Sponsor = European Union (Seventh Framework program number 278169)

Performer = Radboud University Nijmegen Medical Centre

**Source(s) of monetary or material Support:** European Union (Seventh Framework program number 278169)

#### Intervention

## **Outcome measures**

## **Primary outcome**

The main study parameter is the change in blood oxygenation level dependent (BOLD) signal in the bilateral anterior putamen during performance of a dual task containing a lower limb motor task and a cognitive task (functional MRI, pre-training vs. post-training assessment).

## **Secondary outcome**

Secondary study parameters include the change in blood oxygenation level dependent (BOLD) signal in the bilateral caudate nucleus, the anterior cingulate cortex and the prefrontal cortex, during performance of a dual task containing a lower limb motor task and a cognitive task (fMRI, pre-training vs. post-training assessment). Other secondary study parameters are prefrontal cortex activation (concentration of oxygenated and deoxygenated heamoglobin) during training and more general walking tasks (functional near infrared spectroscopy fNIRS; dual task walking, obstacle negotiation, walking at preferred speed). Also, magnetic resonance imaging will be used to obtain brain oxygenation levels during ankle movements and a cognitive task, resting state functional connectivity, grey matter volume and white matter integrity. Other secondary study parameters are measures of gait, fall frequency, balance and mobility, community ambulation, cognitive functioning, health related quality of life, fear of falling and user satisfaction of the intervention. A pre-training vs. post training assessment will be used for all secondary study parameters.

# **Study description**

## **Background summary**

In this trial, which is part of the Seventh Framework program V-TIME, neural correlates of plasticity of the V-TIME fall prevention intervention are investigated.

## Study objective

Previous work showed that a shift in functional connectivity from the posterior to the anterior putamen can be seen in PD patients (Helmich et al. 2010). Thus, PD patients probably use their anterior putamen for both cognitive and simple motor tasks. In healthy persons, cognitive tasks mostly rely on the anterior putamen whereas simple motor tasks mostly rely on the posterior putamen. We hypothesize that a bottleneck in the anterior putamen causes reduced dual task performance in PD patients. Through the VR training, we expect to see compensation for this bottleneck in other brain regions. Thus, we hypothesise that treadmill training with VR will cause a partial shift of cognitive control from the anterior putamen towards other brain regions such as the anterior cingulated cortex, the nucleus caudatus and

the prefrontal cortex.

## Study design

Pre assessment (all outcome measures), intermediate assessments after 4 weeks (physical and mental functioning) and 6 weeks (physical and mental functioning and fNIRS) of training, post assessment (all outcome measures), 1 and 6 month follow up assessments (all outcome measures besides (f)MRI and fNIRS).

#### Intervention

At RUNMC (Nijmegen) 50 patients with PD will be randomized into one of these two groups:

- 1. Treadmill Training with Virtual Reality (TT+VR) for 12 weeks, three times per week;
- 2. Active control comparison of Treadmill Training alone (TT), 12 weeks, three times per week.

At TASMC (Tel Aviv) 40 patients with PD will be randomized into one of these two groups:

- 1. Treadmill Training with Virtual Reality (TT+VR) for 6 weeks, three times per week;
- 2. Active control comparison of Treadmill Training alone (TT), 6 weeks, three times per week.

# **Contacts**

#### **Public**

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# **Eligibility criteria**

## Inclusion criteria

- 1. At least 2 falls within the 6 months prior to the study;
- 2. Age range: 60-85 years;
- 3. Diagnosis of PD (UK Parkinson's Disease Society Brain Bank: UKBB);
- 4. Hoehn and Yahr stage II-III (on medication);
- 5. Stable medication for at least one month and anticipated for the next 6 months;
- 6. Able to walk at least 5 minutes unassisted:
- 7. Adequate hearing and vision.

## **Exclusion criteria**

- 1. Psychiatric co-morbidities (e.g., major depression Diagnostic and Statistical Manual of Mental Disorders (DSM) IV criteria);
- 2. Clinical diagnosis of dementia (e.g., Alzheimer's, vascular, etc.);
- 3. History of stroke, traumatic brain injury, brain tumour or other neurological disorders;
- 4. Acute lower back or lower extremity pain, musculoskeletal injuries, peripheral neuropathy which restricts gait;
- 5. Unstable medical condition including cardiovascular instability in past 6 months;
- 6. Unable to comply with training;
- 7. Cognitively impaired (< 24 on Mini-Mental State Examination);
- 8. Interfering therapy, or fall clinic visit <1 months ago;
- 9. Severe freezing precluding safe participation (>15 on New Freezing of Gait Questionnaire);
- 10. Metal objects or fragments in/on body;
- 11. Active implant (e.g. pacemaker, neurostimulator, insulin pump);
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- 12. Epilepsy;
- 13. Claustrophobia.

# Study design

## **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Single blinded (masking used)

Control: Active

## Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-01-2013

Enrollment: 90

Type: Anticipated

# **Ethics review**

Positive opinion

Date: 27-11-2012

Application type: First submission

# **Study registrations**

# Followed up by the following (possibly more current) registration

ID: 36978

Bron: ToetsingOnline

Titel:

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

NTR-new NL3488 NTR-old NTR3723

CCMO NL41661.091.12

ISRCTN wordt niet meer aangevraagd.

OMON NL-OMON36978

# **Study results**

## **Summary results**

N/A