# Shockwave therapy for calcification in the shoulder

No registrations found.

**Ethical review** Not applicable

**Status** Pending

Health condition type -

**Study type** Observational non invasive

## **Summary**

### ID

NL-OMON23792

**Source** 

NTR

**Brief title** 

MWI, AAR

**Health condition** 

shoulderpain, schouderklachten tendinitis calcarea,

### **Sponsors and support**

Primary sponsor: none

Source(s) of monetary or material Support: Zuyd Hogeschool Heerlen

#### Intervention

#### **Outcome measures**

### **Primary outcome**

reduction in the size of the lime deposit by means of shockwave therapy

#### **Secondary outcome**

decrease pain through shockwave therapy

decrease in limitations in activities by means of shockwave therapy

# **Study description**

### **Background summary**

Shoulder problems are a common problem in the Netherlands. The annual prevalence of shoulder pain is estimated at 31% of the general Dutch population. About the cause of shoulder pain is still much uncertainty. Calcification in the tendons of the muscles around the shoulder may be a possible cause of shoulder pain.

The research will focus on the influence of Radial Shockwave therapy for shoulder pain. Radial Shockwave Therapy is a proven effective treatment for calcification in the shoulder. However, it is unclear whether Radial Shockwave therapy is effective for actual reduction in the lime depot. A pre- and post-test of the deposit will be made by ultrasound.

The primary objective of this study is to investigate the influence of rESWT the limestone deposit in patients with type I limestone according to Gartner and Simons in the m. Supraspintus tendon. The secondary objectives are: possible decrease of the calcium deposit in relation with the purchase of any pain and any decrease in the calcium deposit in relation to the degree of disability in activities of daily living (ADL) measured by the Shoulder Pain Disability Index (SPADI questionnaire ).

The above aspects lead to the following questions:

What is the impact of Radial Shockwave therapy on shoulder pain, limitations in activities of daily living and the size of the calcium deposit in patients with diagnosed Type I calcification in the m. Supraspinatus tendon?

#### Study objective

- decreased calcium deposit after 4 weeks shockwave therapy

- reduced pain and limitations in everyday activities after 4 weeks shockwave therapy

### Study design

3 months

#### Intervention

shockwave therapy

### **Contacts**

#### **Public**

M.R.G. Willems Nieuw Eyckholt 300

Heerlen 6419 DJ The Netherlands +31 (0)88 989 30 00 **Scientific** M.R.G. Willems Nieuw Eyckholt 300

Heerlen 6419 DJ The Netherlands +31 (0)88 989 30 00

# **Eligibility criteria**

### Inclusion criteria

age from 30 years and lime type I according to Gartner and Simons classification

### **Exclusion criteria**

infections, neurogenic symptoms, bilateral symptoms, thrombosis, cardiac pacemaker, fractures in the shoulder girdle, ruptures in the rotator cuff, pregnancy, fibromyalgia, rheumatic diseases and neck related complaints

# Study design

### Design

Study type: Observational non invasive

Intervention model: Factorial

Allocation: Non controlled trial

Masking: Open (masking not used)

Control: N/A, unknown

### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 28-02-2017

Enrollment: 0

Type: Anticipated

### **Ethics review**

Not applicable

Application type: Not applicable

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

NTR-new NL6809 NTR-old NTR6995

Other

# **Study results**

### **Summary results**

17-5-2017 reporting form