

Preventive intervention supporting families after divorce or separation: groups and e-health for Dutch parents.

No registrations found.

Ethical review	Not applicable
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON23882

Source

NTR

Brief title

Preventive support for Dutch parents in divorce situations

Health condition

parenting, separation, divorce, divorce intervention, program evaluation, prevention, communication skills, e-health

ScheidingsATLAS, scheiding, preventieve steun, online training

Sponsors and support

Primary sponsor: This trial was reviewed and approved by a scientific commission of ZonMw (Dutch institute for health-care research: letter 2015/24796/ZONMW, December 11th, 2015). The trial is carried out according to the approved project plan.

Source(s) of monetary or material Support: Costs for the effect study was paid by a grant from ZonMw (Dutch institute for health-care research: Grant No. 729310002; <https://www.zonmw.nl/nl/onderzoek-resultaten/jeugd/programmas/project-detail/effectief-werken-in-de-jeugdsector/kortdurende-en-laagdrempelige-opvoedondersteuning-voor-gescheiden-ouders-de-effectiviteit-van-een-e/>

Intervention

Outcome measures

Primary outcome

- increased wellbeing of parents and their children;
- increased feelings of competence;
- increased awareness on the impact of divorce or separation on children;
- increased prosocial behavior in children of participating parents.

Secondary outcome

- more knowledge about (co-)parenting strategies;
- more intentions to use positive (co-)parenting strategies;
- increased social support satisfaction.

Study description

Background summary

Parental divorce or separation is one of the most impactful life events to all involved. Following breakup adults experience more stress and depressive feelings and function less optimally as a parent than adults in stable relationships (e.g., Van der Valk et al., 2004). In addition, research consistently shows that children with divorced parents score significantly lower on measures of wellbeing, conduct, psychological adjustment, self-concept, and social relations (Amato & James, 2010).

In the Netherlands, evidence-based preventive interventions are available to support children of divorce. For parents, such evidence-based solutions were lacking (e.g., Cloostermans et al., 2013). In particular, preventive support programs to inform separated parents and empower them as a parent were needed. This paper provides information about an initiative providing such intervention.

‘Divorce ATLAS’ aims at informing and empowering parents after break-up and teaching effective coping and communication skills. The intervention offers preventive support in two varieties: (a) a 2-sessions group program derived from the US ACT for the Children intervention (Pedro-Carroll et al.); and (b) an e-health version inspired by the US Children in

Between program (Gordon et al.). Both versions include the same content. ATLAS is subject to a quasi-experimental (group version) and RCT (e-health version) study into the process and impact of the intervention (results expected 2019).

Study objective

Preventive parenting support for parents after separation, leads to:

- more knowledge about (co-)parenting strategies;
- more intentions to use positive (co-)parenting strategies;
- increased feelings of competence;
- increased awareness on the impact of divorce or separation on children;
- increased prosocial behavior in children of participating parents;
- increased wellbeing of parents and their children;
- increased social support satisfaction

Study design

- Before intervention
- After intervention
- Six months follow-up

Intervention

Parents participate in 'Divorce ATLAS'. Divorce ATLAS aims at informing and empowering parents after break-up and teaching effective coping and communication skills. The intervention offers preventive support in two varieties: (a) a 2-sessions group program derived from the US ACT for the Children intervention (Pedro-Carroll et al.); and (b) an e-health version inspired by the US Children in Between program (Gordon et al.). Both versions include the same content.

Contacts

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Eligibility criteria

Inclusion criteria

- Adults with children (fathers and mothers)
- Divorced or separated or currently in a divorce or separation

Exclusion criteria

- Separated adults without own biological children (including stepparents)

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

Recruitment

NL
Recruitment status: Recruiting
Start date (anticipated): 01-10-2017
Enrollment: 225
Type: Anticipated

Ethics review

Not applicable
Application type: Not applicable

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL6582
NTR-old	NTR6756
Other	729310002 : ZonMw

Study results

Summary results

Klein Velderman, M., Pieterse, K., & Pannebakker, F.D. (2017, August). Preventive intervention supporting families after divorce: groups and e-health for Dutch parents. Paper presented at the European Conference on Developmental Psychology (ECDP), Utrecht, the

Netherlands.