

HospitalitY Project: Combining peer support and skills training ‘on the spot’

No registrations found.

Ethical review	Not applicable
Status	Pending
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON24007

Source

NTR

Brief title

HospitalitY (HY) Project

Health condition

Schizophrenia
Schizofrenie
Psychotic disorders
Psychotische stoornissen
Social contact
Sociaal contact
Loneliness
Eenzaamheid
Social skills
Sociale vaardigheden
Functioning
Functioneren
Self esteem
Zelfvertrouwen

Sponsors and support

Primary sponsor: Rijksuniversiteit Groningen, Universitair Medisch Centrum Groningen, Groningen, The Netherlands

Source(s) of monetary or material Support: The Roos Foundation

Intervention

Outcome measures

Primary outcome

The main outcome will be social contact measured with daily evaluations.

Secondary outcome

Secondary outcomes are personal recovery, self-esteem, loneliness, self-stigma, QOL, (social) functioning and psychopathology.

Study description

Study objective

Rationale: Patients with a psychotic disorder are impaired on many aspects of social functioning and self-management. Consequently, social and emotional isolation is highly prevalent. Furthermore, clinic based (social) skills training tends not to generalize to real life situations. Instead, interventions on the spot (e.g. at home or work) to improve (social) functioning are expected to be more effective than clinic based interventions, as skills are learned in the same context as needed.

Objective: The HospitalityY (HY) project is a home-based nurse guided peer support intervention that focuses on increasing social contact and life skills by integrating peer support and skill training. The primary outcome is social contact in the intervention group compared to the waiting list group.

Study design

Nine time points: every six weeks during 48 weeks.

Intervention

In the HY project, peers will meet in their own environment (i.e. at home) and have dinner with each other. A guided peer support method will be conducted during dinner. Participants have the opportunity to receive and provide support to peers and at the same time improve their social skills. Moreover, a nurse will provide home based support guidance using patient centered goals, targeted at empowering patients to organize a dinner for their peers, while improving life skills. Participants will be encouraged to use their learned skills in daily life (i.e.

without counseling of a nurse). Each group consists of three peers. The intervention involves 15 sessions (biweekly, eight months). This way, each participant will receive guests five times.

Contacts

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Eligibility criteria

Inclusion criteria

A diagnosis in the psychotic spectrum according to DSM-IV TR criteria (295.xx, 297.1, 298,80, 298.90).

Age: between 18-65.

Exclusion criteria

Substance dependence (not substance abuse) of alcohol or other drugs in such a way that it will prohibit participation in peer groups.

Frequent participation in dinners at home with peers and with personal contribution (i.e.

cooking).

Insufficient command of the Dutch language.

Unsuitable according to a patients' clinician. For example: florid psychotic episode or group disturbing behaviour.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Single blinded (masking used)
Control:	N/A , unknown

Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-08-2016
Enrollment:	84
Type:	Anticipated

Ethics review

Not applicable	
Application type:	Not applicable

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL5493
NTR-old	NTR5815
Other	METC Groningen : 2014.479.

Study results