

# Onderzoek naar de effecten van het medicijn liraglutide bij patiënten met een type suikerziekte (diabetes) die veroorzaakt is door het gebruik van antipsychotische medicijnen.

No registrations found.

<b>Ethical review</b>	Not applicable
<b>Status</b>	Pending
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON24018

### Source

NTR

### Brief title

GRADUATE

### Health condition

anti-psychotic-drug diabetes mellitus  
diabetes mellitus veroorzaakt door antipsychotica

## Sponsors and support

**Primary sponsor:** UMC Utrecht

**Source(s) of monetary or material Support:** NovoNordisk

## Intervention

## Outcome measures

### Primary outcome

The primary end point of this study is the change in HbA1c from baseline to 'end of trial'

### Secondary outcome

Efficacy

- o Change in fasting glucose
- o Change in body weight and BMI
- o Change in waist and hip circumferences and waist hip ratio
- o Change in blood pressure
- o Change in lipid levels
- o Change in abdominal fat content ( abdominal CT-scan)

Safety/ Feasibility

- o Compliance with use of drug liraglutide (number of injection vials used)
- o (Serious) Adverse events during liraglutide use

Change in psychiatric symptoms

- o CAPE-score
- o CGI- score
- o PANS-score

Patient-reported outcomes

- o PAID (problem areas in diabetes)
- o SF-12
- o DTSQ

## Study description

### Background summary

N/A

### Study objective

Liraglutide is an effective and safe treatment modality in metformin-treated patients suffering from schizophrenia with anti-psychotic drugs-related diabetes mellitus.

### Study design

0, 6, 12, 24 weken

### Intervention

- To explore the efficacy of liraglutide in terms of glycaemic control assessed by HbA1c.

#### b. Secondary Objectives

- To explore the effect of liraglutide on cardiovascular risk factors, body weight and intra-abdominal fat content using CT-scans in obese patients with antipsychotics-associated diabetes mellitus
- To explore feasibility of liraglutide in the treatment of antipsychotic drugs- associated diabetes and obesity in patients suffering from severe mental illness in terms of compliance with the treatment regimen
- To explore possible change in psychiatric symptoms during treatment with liraglutide in severe mental illness using questionnaires.

## Contacts

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## Eligibility criteria

### Inclusion criteria

- Informed consent obtained before any trial related activities
- Males or females aged 18 years or older
- Diabetes mellitus developed while on anti-psychotic drugs for at least six months
- Use of metformin for the treatment of diabetes
- HbA1c >7.0% - ≤ 10.0 mmol/l (53 - 86 mmol/mol)
- BMI 30 - 45 kg/m<sup>2</sup>
- Regarded capable to understand and follow the protocol

### Exclusion criteria

- Any type of diabetes present before the use of anti-psychotic drugs
- Use of glucose-lowering medication other than metformin
- No cardiovascular event in the last 6 months
- Reduced cardiac function (LVEF < 30%)

- No evidence of active retinopathy
- No controlled or uncontrolled hypertension (systolic pressure > 180 mm Hg and/or diastolic pressure > 100 mm Hg)
- Renal failure (MDRD < 30 ml/min)
- Liver function abnormalities (ALT and/or AST > 3 times the upper limit of normal)
- History of chronic pancreatitis or previous acute pancreatitis
- Known or suspected hypersensitivity to trial product(s) or related product(s)
- Female of child-bearing potential who is pregnant, breast-feeding or intend to become pregnant or is not using adequate contraceptive methods
- Participation in another trial or receipt of any investigational medicinal product within 90 days prior to screening
- Subjects who are considered incapable for inclusion by their physicians
- Subjects who are considered inadequate for liraglutide administration themselves or lack network of support
- Subjects who are actively suicidal
- Recurrent use of corticosteroids
- Personal or family history of medullary thyroid carcinoma and patients with multiple endocrine neoplasia type 2 (MEN2)
- Known or suspected abuse of alcohol or narcotics

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Placebo

## Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-05-2014
Enrollment:	50
Type:	Anticipated

## Ethics review

Not applicable	
Application type:	Not applicable

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL4111
NTR-old	NTR4352
Other	HW de Valk : U1111-1144-0576
ISRCTN	ISRCTN wordt niet meer aangevraagd.

## Study results

### Summary results

N/A