

# SOS-training: an intervention to reduce the risk of victimisation in addicted patients with chronic psychiatric disorders.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON24122

### Source

Nationaal Trial Register

### Brief title

SOS-training

### Health condition

victimization, victimisation, violence, abuse, dual diagnosis, dually diagnosed, addiction, severe mental illness, chronic psychiatric disorders, schizophrenia;

victimisatie, geweld, mishandeling, misbruik, dubbele diagnose, dubbeldiagnose, verslaving, chronische psychiatrische stoornissen, schizofrenie;

## Sponsors and support

**Primary sponsor:** Prof. Dr. Jack Dekker

**Source(s) of monetary or material Support:** NWO

## Intervention

## Outcome measures

### Primary outcome

Victimisation, measured with the Safety Monitor (Veiligheidsmonitor).

### Secondary outcome

Victimisation, measured with the Safety Monitor (Veiligheidsmonitor).

Alcohol use and drug use, measured with the Timeline Followback (TLFB).

Severity of substance use disorders, measured with the Alcohol Use Disorders Identification Test (AUDIT) and Drug Use Disorders Identification Test (DUDIT).

Psychopathology, measured with the Brief Psychiatric Rating Scale (BPRS).

Psychological distress, measured with the Kessler Psychological Distress Scale (K10).

Post-traumatic Stress Disorder symptoms, measured with the Posttraumatic Diagnostic Scale (PDS).

Emotion dysregulation, measured with the Difficulties in Emotion Regulation Scale (DERS).

Social skills/interpersonal functioning, measured with the Inventory of Interpersonal Problems (IIP-32).

Social functioning, measured with the Personal and Social Performance scale (PSP).

Aggressive and social behaviour, measured with the Observation Scale for Aggressive Behaviour (OSAB).

Anger management, measured with the Dimensions of Anger Reactions (DAR).

Self-esteem, measured with the Self Esteem Rating Scale (SERS-SF 20).

Quality of life, measured with the Manchester short assessment of quality of life (MANSA) and the EuroQol (EQ5D).

Cost-effectiveness, measured with the Trimbos/iMTA questionnaire on Costs associated with Psychiatric illness (TiC-P) and the EuroQol (EQ5D).

All-cause mortality.

Total days of hospitalisation.

Addition secondary outcomes (12-sep-2014):

Cognitive impairment (MMSE), baseline

Perpetration (questions added to Safety Monitor)

Perception of the likelihood of being victimized (questions added to Safety Monitor)

Perceived Control (questions added to Safety Monitor)

GAF-score

## Study description

### Background summary

Patients with substance use disorders and chronic psychiatric disorders have a higher risk of being victimised. This research aims to investigate a novel intervention to reduce the risk of

victimisation in this target group.

## **Study objective**

Substance use disorders and chronic psychiatric disorders often occur together. This vulnerable group of dually diagnosed patients has a higher risk of being victimised. Up until now there is only limited evidence of interventions proven to be effective for this target group. This research is aimed to develop and investigate an intervention to reduce vulnerability, to improve social skills and assertiveness and therefore reduce the risk of being victimised.

The main hypothesis of this research is:

Social skills and Street skills (SOS-training) is an intervention that reduces the risk of being victimised. The intervention group will show a lower frequency of victimisation in the 12 months after following the training, compared to the control group.

## **Study design**

Baseline, 2 months, 8 months, 14 months.

## **Intervention**

Intervention: SOS-training (Social skills and street skills). A twelve-session group-based intervention.

Control intervention: Treatment as usual.

## **Contacts**

### **Public**

Arkin Institute for Mental Health  
M. Waal, de  
Amsterdam 1033 NN  
The Netherlands  
020-5905895

### **Scientific**

Arkin Institute for Mental Health  
M. Waal, de  
Amsterdam 1033 NN  
The Netherlands  
020-5905895

## Eligibility criteria

### Inclusion criteria

- In treatment for substance use disorder(s) and chronic psychiatric disorder(s)
- Capable of giving informed consent and participating in the training
- Adult

### Exclusion criteria

- Acute psychosis, which could interfere with participating in the training
- Severe anti-social personality disorder, which could disturb the group training
- High level of psychopathic traits, which could disturb the group training
- Legally incapable

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Single blinded (masking used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	01-04-2014
Enrollment:	200
Type:	Actual

### IPD sharing statement

**Plan to share IPD:** Undecided

## Ethics review

Positive opinion

Date: 24-03-2014

Application type: First submission

## Study registrations

### Followed up by the following (possibly more current) registration

ID: 41607

Bron: ToetsingOnline

Titel:

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL4223
NTR-old	NTR4472
CCMO	NL46081.018.13
OMON	NL-OMON41607

## Study results