

# Chronic disease selfmanagement program for employees with a chronic disease.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON24127

### Source

NTR

### Brief title

N/A

### Health condition

Participants were included in the study when they have a diagnosed chronic physical disease like rheumatoid arthritis, diabetes, asthma, COPD, multiple sclerosis, inflammatory bowel disease, cancer and heart diseases

## Sponsors and support

**Primary sponsor:** Hogeschool van Arnhem en Nijmegen

**Source(s) of monetary or material Support:** Hogeschool van Arnhem en Nijmegen

## Intervention

## Outcome measures

### Primary outcome

Primary outcomes: Self-efficacy at work, fatigue, pain, work pleasure and general health

(SF-12).

## **Secondary outcome**

Secondary outcome: Work-related problems, quality of life and several quality of work measures.

# **Study description**

## **Background summary**

In this study we have developed a vocational rehabilitation program based on the Chronic Disease Selfmanagement Program (CDSMP) of Stanford University. The CDSMP has been slightly modified to fit the needs of employees with a chronic disease. The intervention has been developed by applying the six-step intervention mapping protocol. In this intervention we focus on general personal factors (like demographic factors and lifestyle), disease-related (coping with symptoms of the disease) and work-related personal factors (self-efficacy behavior at work).

## **Study objective**

In this study we have developed a vocational rehabilitation program based on the Chronic Disease Selfmanagement Program (CDSMP) of Stanford University. The CDSMP has been slightly modified to fit the needs of employees with a chronic disease. The intervention has been developed by applying the six-step intervention mapping protocol. In this intervention we focus on general personal factors (like demographic factors and lifestyle), disease-related (coping with symptoms of the disease) and work-related personal factors (self-efficacy behavior at work).

## **Study design**

Before the course, after the course, 6 months after the course.

## **Intervention**

Selfmanagement at the workplace.

# **Contacts**

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## Eligibility criteria

### Inclusion criteria

Participants were included in the study when they have a diagnosed chronic physical disease like rheumatoid arthritis, diabetes, asthma, COPD, multiple sclerosis, inflammatory bowel disease, cancer and heart diseases, have a paid job at the moment of the course, encounter problems at work because of their chronic disease and are motivated to follow the course.

### Exclusion criteria

Employees with predominant psychiatric conditions are excluded. Employees with a chronic physical disease in combination with depressive symptoms are not excluded. Employees on long-term permanent sick leave were excluded from the training.

## Study design

### Design

Study type:	Interventional
Intervention model:	Crossover
Allocation:	Randomized controlled trial
<b>Control:</b>	Active

## Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	01-01-2007
Enrollment:	50
Type:	Actual

## Ethics review

Positive opinion	
Date:	25-03-2009
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL1639
NTR-old	NTR1737
Other	:
ISRCTN	ISRCTN wordt niet meer aangevraagd

## Study results

### Summary results

N/A