# Control of heat storage in a cool and warm environment in young and elderly males.

No registrations found.

**Ethical review** Not applicable **Status** Recruiting

Health condition type -

**Study type** Observational non invasive

## **Summary**

#### ID

NL-OMON24182

Source

NTR

**Brief title** 

**HEATAGE** 

**Health condition** 

Age, thermoregulation, skin blood flow, temperature, hysteresis

## **Sponsors and support**

**Primary sponsor:** Boris Kingma MSc,

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Source(s) of monetary or material Support: Senter Novem

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

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- 1. Heat loss (W);
- 2. Heat content (J/m^3).

#### **Secondary outcome**

N/A

# **Study description**

### **Background summary**

In general elderly are predisposed to risk of both hypothermia and hyperthermia, even at mild cold or

heat exposure. Studies aimed at age related changes in mechanisms of thermoregulation to explain the

increased risk of elderly failed to observe differences in heat loss between young and elderly. This might be caused by a lumped approach of calculation of heat loss through mean skin temperature without

incorporation of temperatures of the extremities.

#### **Study objective**

Test the hypothesis that a divisional calculation of heat loss, and incorporation of skin temperature of the extremities during mild cold exposure will indicate an age effect on heat loss between young and elderly. An additional purpose is to test whether age effects on hysteresis are observable between cooling and warming subjects.

#### Study design

N/A

#### Intervention

Subjects subjected to a mild cold (airtemperature 20C) and mild heat exposure (airtemperature 35C).

## **Contacts**

#### **Public**

Universiteitssingel 50

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# **Eligibility criteria**

### **Inclusion criteria**

- 1. Caucasian healthy male;
- 2. Age between 18 to 28 years or age between 68 to 78 years;
- 3. 20 kg/m2 < BMI < 25 kg/m2;
- 4. 15% < Fat percentage < 20%;
- 5. 1.8 m2 < Dubois skin area < 2.0 m2;
- 6. 80mmHg < Mean arterial pressure < 90mmHg (rest, supine position).

#### **Exclusion criteria**

- 1. Female;
- 2. History of cardiovascular disease;
- 3. Carrier of electrically-sensitive implanted devices;
- 4. Deviant core temperature at day of experiment;
- 5. General feeling of illness at day of experiment.

# Study design

## **Design**

Study type: Observational non invasive

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: N/A, unknown

## Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 11-01-2009

Enrollment: 24

Type: Anticipated

## **Ethics review**

Not applicable

Application type: Not applicable

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

NTR-new NL1892 NTR-old NTR2007

Other MEC Maastricht University : 09-3-049 ISRCTN ISRCTN wordt niet meer aangevraagd.

# **Study results**

## **Summary results**

N/A