

Mind your words

No registrations found.

Ethical review	Positive opinion
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON24184

Source

NTR

Brief title

MYW

Health condition

Low Back Pain

Sponsors and support

Primary sponsor: HAN University of Applied Sciences

Source(s) of monetary or material Support: Taskforce for Applied Research SIA

Intervention

Outcome measures

Primary outcome

Language use as measured with audiotapes of first two treatment sessions and coded with a codebook.

Secondary outcome

Pain, anxiety, illness perceptions, therapeutic alliance and physical functioning

Study description

Background summary

Results of physiotherapy are partly determined by patients' expectations. Positive expectations can have a favourable influence on the treatment results (placebo effects) and negative expectations can have an unfavourable influence on treatment results (nocebo effects). The information provided by the physiotherapist and the language used by the physiotherapist influences the patients' expectations and might trigger placebo and nocebo effects. Although many physiotherapists recognize the impact of these mechanisms, they do not really know how to deal with this in practice. Therefore, the aim of this study is to test a communication training for physiotherapists to enhance placebo and avoid nocebo effects in the treatment of low back pain.

Study objective

Communication training improves language use of the physiotherapist and at the patients' level self-reported illness perceptions, state anxiety, therapeutic alliance, pain, and functioning.

Study design

Baseline, pre treatment and post treatment

Intervention

Communication training

Contacts

Public

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Scientific

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Eligibility criteria

Inclusion criteria

Inclusion for physiotherapists: physiotherapist who treat patients with low back pain.

Inclusion for patients: patients with low back pain who visit their physiotherapist for the first time for low back pain

Exclusion criteria

Exclusion for physiotherapist: physiotherapists who are trained and qualified as psychosomatic physiotherapist. Exclusion criteria for patients: complete inability to read and write Dutch and neurologic conditions.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Single blinded (masking used)
Control:	Active

Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	15-03-2021
Enrollment:	196
Type:	Anticipated

IPD sharing statement

Plan to share IPD: Undecided

Ethics review

Positive opinion

Date: 02-03-2021

Application type: First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register ID

NTR-new NL9311

Other Ethical Research Committee of the HAN University of Applied Sciences : ECO
234.02/21

Study results

Summary results

Not yet available