

Dairy.com

No registrations found.

Ethical review	Positive opinion
Status	Suspended
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON24215

Source

Nationaal Trial Register

Brief title

Dairy.com

Health condition

Patiënten met een risico op ondervoeding; Patients with a risk for malnutrition

Sponsors and support

Primary sponsor: FrieslandCampina Nederland BV

Source(s) of monetary or material Support: FrieslandCampina Nederland BV

Intervention

Outcome measures

Primary outcome

Compliance

Secondary outcome

- Nutritional status
- Body composition

- Hand grip strength

Study description

Study design

Primary outcome: baseline, week 1, week 4, week 8.

Secondary outcomes: baseline, week 4, week 8.

Intervention

High-protein products in addition to the normal intake: dairy products versus oral nutrition supplements. Aiming at a total intake of 1.0 - 1.2 gram protein per kg body weight per day.

Contacts

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Scientific

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Eligibility criteria

Inclusion criteria

- Risk for malnutrition
- Aged 18 years and older
- Able to eat orally and without the help of others

- Able to understand, speak, and write in the Dutch language

Exclusion criteria

- Use of oral nutrition supplements in the past six months at time of inclusion.
- Receiving treatment of a dietician at time of inclusion.
- High current daily protein intake.
- Protein requirements >18 gram protein per day.
- Prescription of oral nutrition supplements by the dietician.
- Contraindication for dairy products.
- Protein restriction (≤ 0.8 gram protein / kg actual body weight)
- Diseases associated with a reduced protein intake advice
- Fluid restriction (≤ 1500 ml).
- Bound to wheel chair, longterm (>6 months).
- Eating disorder.
- Dementia.
- Distance from home to the UMCG is greater than 70 km.

Study design

Design

Study type:	Interventional
Intervention model:	Other
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

Recruitment

NL
Recruitment status: Suspended
Start date (anticipated): 13-10-2015
Enrollment: 0
Type: Anticipated

Ethics review

Positive opinion
Date: 13-10-2015
Application type: First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL5325
NTR-old	NTR5433
Other	METc UMCG : METc 2015/038

Study results