# The role of Bosentan in fontan patients: improvement of aerobic capacity.

No registrations found.

**Ethical review** Not applicable

**Status** Pending

Health condition type -

**Study type** Interventional

# **Summary**

#### ID

NL-OMON24216

**Source** 

NTR

**Brief title** 

N/A

#### **Health condition**

aerobic capacity (peak V'O2) quality of life prevalence of arrhythmias prevalence of protein losing enteropathy

## **Sponsors and support**

Primary sponsor: none

Source(s) of monetary or material Support: Actelion Pharmaceuticals provide study

medication

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

The primary objective of this study is to determine changes in aerobic capacity (peak V'O2) in

adult patients with a Fontan circulation before and after treatment with the bosentan and compared to non-treated patients.

#### **Secondary outcome**

To determine the effect of the following parameters.

- changes in six-minute-walk-distance
- changes in quality of life score
- changes in prevalence of arrhythmias
- changes in congestive heart failure (hospital admission, use of medication for congestive heartfailure)
- changes in prevalence of protein losing enteropathy
- changes in serum neurohormone level (NT-pro BNP, endothelin-1, albumin)
- changes in cardiac output
- changes in arterial oxygen saturation
- changes in number of deaths

# **Study description**

#### **Background summary**

The Fontan procedure is a palliative surgical procedure used in patients with complex congenital heart defects. It involves diverting the venous blood from the right atrium to the pulmonary arteries without passing through the right ventricle. A low pulmonary vascular resistance (PVR) is crucial to preserve the Fontan circulation. Plasma endothelin-1 level, a vasoconstrictor which increases pulmonary vascular resistance, is elevated in patients with Fontan circulation. Treatment with bosentan, an endothelin receptor antagonist (ERA) lowers the pulmonary vascular resistance, which may result in improvement of the cardiopulmonary circulation.

#### Study objective

In adult Fontan patients, treatment with bosentan, an endothelin receptor antaganost (ERA) lowers the pulmonary vascular resistance, which may result in improvement of the cardiopulmonary circulation and functional capacity.

2 - The role of Bosentan in fontan patients: improvement of aerobic capacity. 6-05-2025

#### Study design

baseline, 3 months, and after 6 months of bosentan treatment.

During bosentan treatment regularly laboratory testing will be performed

#### Intervention

One group receives a 125 mg tablet of Bosentan twice daily for 6 months. The other group does not receive study medication for the first 3 months, followed by treatment with study medication for 6 months.

## **Contacts**

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# **Eligibility criteria**

#### Inclusion criteria

1. All adult Fontan patients are potentially eligible for this study.

#### **Exclusion criteria**

- Patients are not eligible for this study if the following inclusion criteria apply:
- 1. Systemic arterial pressure < 85 mmHg
- 2. Incapable of giving informed consent
- 3. Hypersensitivity to bosentan or any of its help substances
- 4. Current treatment with bosentan or treatment for pulmonary arterial hypertension
- 5. Moderate to severe liver disease: Child-Pugh class B or C
- 6. Raised plasma transaminases level > three times limiting value
- 7. Simultaneous use of cyclosporine A
- 8. Desire to have children within the study period or women who do not use reliable contraceptive methods
- 9. Pregnant or nursing women

# Study design

## **Design**

Study type: Interventional

Intervention model: Crossover

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: Active

#### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-12-2008

Enrollment: 40

Type: Anticipated

## **Ethics review**

Not applicable

Application type: Not applicable

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL1487 NTR-old NTR1557 Other : 03602

ISRCTN wordt niet meer aangevraagd

# **Study results**

#### **Summary results**

N/A