

# The LAVA-trial: hysteropexy in treatment of uterine prolapse stage 1; 2: laparoscopic sacrohysteropexy versus vaginal sacrospinous hysteropexy

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Pending
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON24294

### Source

Nationaal Trial Register

### Brief title

LAVA trial

### Health condition

uterine prolapse, vaginal sacrospinous hysteropexy, laparoscopic sacrohysteropexy

## Sponsors and support

**Primary sponsor:** Isala Klinieken Zwolle

**Source(s) of monetary or material Support:** Isala Klinieken Zwolle

## Intervention

## Outcome measures

### Primary outcome

The composite primary study outcome of this study is surgical success at 1 and 5 years

follow-up. Surgical success is defined as 1) position of the cervix at or above the mid-vagina ( $C < -TVL/2$ ), 2) no bothersome bulging/protrusion symptoms and 3) no repeat surgery or pessary use for recurrent apical prolapse. Failure in one or more of these three areas constitute a failure.

## **Secondary outcome**

Subjective improvement on urogenital symptoms and quality of life (assessed by disease-specific and quality of life questionnaires), complications following surgery, hospital stay, post-operative recovery, sexual functioning and costs-effectiveness.

# **Study description**

## **Background summary**

Randomized controlled trial to study the effects of laparoscopic sacrohysteropexy versus vaginal sacrospinous hysteropexy, on prolapse recurrence, quality of life, complications, hospital stay, post-operative recovery, sexual functioning and costs.

## **Study objective**

In the treatment of uterine prolapse stage 2 or higher, the laparoscopic sacrohysteropexy will be equal or more successful in correction of uterine prolapse (lower recurrence rate) as compared to vaginal sacrospinous fixation.

## **Study design**

Evaluation will take place pre-operatively, and 6 weeks, 6 months, 12 months and annually thereafter till 60 months after surgery.

## **Intervention**

The LAVA-trial compares the vaginal sacrospinous hysteropexy to the laparoscopic sacrohysteropexy in the treatment of uterine descent. In the vaginal sacrospinous hysteropexy, the uterus is suspended to the sacrospinous ligaments with permanent sutures. In the laparoscopic sacrohysteropexy, the uterus is elevated by attaching the cervix to the sacral promontory, using a mesh. Both procedures are used in correcting uterine descent. Eligible women will be randomly allocated to receive either a laparoscopic sacrohysteropexy or a vaginal sacrospinous hysteropexy. The vaginal procedure can be performed under general or spinal anaesthesia, according to the preference of patient and anaesthesiologist. The laparoscopic procedure will be performed under general anaesthesia. Post-operative follow-up will take place after 6 weeks, 6 months, 12 months and annually thereafter until 5 years. Patients will undergo a standard gynecological examination (including a POP-Q

examination) and fill in questionnaires.

## Contacts

### Public

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### Scientific

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## Eligibility criteria

### Inclusion criteria

Women with uterine prolapse stage  $\geq 2$  requiring surgical treatment

### Exclusion criteria

1. Contraindications of laparoscopic surgery;
2. Previous pelvic floor or prolapse surgery;
3. Known malignancy or abnormal cervical smears;
4. Unwilling to return for follow-up or language barriers;

5. Wish to preserve fertility;
6. Presence of immunological/haematological disorders interfering with recovery after surgery;
7. Abnormal ultrasound findings of uterus or ovaries, or abnormal uterine bleeding.

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-09-2013
Enrollment:	124
Type:	Anticipated

### IPD sharing statement

**Plan to share IPD:** Undecided

## Ethics review

Positive opinion	
Date:	09-06-2013
Application type:	First submission

## Study registrations

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL3841
NTR-old	NTR4029
Other	METc Zwolle : 13.0320
ISRCTN	ISRCTN wordt niet meer aangevraagd.

## Study results

### Summary results

N/A