

the effectiveness of supported education and supported employment for young adults with an at risk mental state for psychosis.

No registrations found.

Ethical review	Not applicable
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON24303

Source

NTR

Brief title

SUPER

Health condition

Ultra High Risk, At Risk Mental State, psychosis, social functioning, role functioning, transition, supported education, supported work

Sponsors and support

Primary sponsor: Friesland Mental health Services

Hanzehogeschool Groningen

Source(s) of monetary or material Support: Provincie Fryslan

Intervention

Outcome measures

Primary outcome

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Work or school status

Secondary outcome

Transition to first episode psychosis

Mental health care consumption

Role Functioning

Social functioning

Cognitive functioning

Study description

Background summary

Patients with an at risk mental state (ARMS) for psychosis often have problems in school and work. Work is good for physical and mental health. Unemployment has been shown to damage our health. A special intervention to support patients in maintaining their work or school might prevent them from dropping out in the first place. Secondly it might prevent them from making a transition in to psychosis.

Study objective

The addition of supported education and work will result in less early school leave and loss of job then care as usual

Study design

From 01-03-2013 till 01-09-2014 patient inclusion, from 01-03-2013 till 01-09-2015 intervention is given, from 01-03-2013 till 01-03-2016 follow-up assessments take place (follow-up period is 18 months, inclusion period is also 18 months), from 01-03-2016 till 01-03-2017 analyses

Intervention

Supported Education

Supported education (SEd) is defined as the provision of individualized, practical support and instruction to assist people with psychiatric disabilities to achieve their educational goals (Unger, Anthohny, Sciarappy, & Rogers, 1991; Anthony et al., 2002; Sullivan et al., 1993).

Supported employment

Supported employment (SEm) is defined as the provision of individualized, practical support and instruction to assist people with psychiatric disabilities to achieve their vocational goals (Unger, Anthohny, Sciarappy, & Rogers, 1991; Anthony et al., 2002; Sullivan et al., 1993).

SEd and SEm are particularly promising for helping students and young employees who experience their first onset of symptoms to avoid or minimize chances of academic failure and demoralization. The two aims of the intervention are the development of skills and the development of environmental support.

The choose-get-keep model

Supported Education and Supported Employment are based on the so called choose-get-keep model; described in general:

Choose: selecting an educational programme compatible with the participant's values, skills, aptitudes, career interests, finances and learning objectives, much like diagnosis.

Get: secure enrolment in the chosen educational programme.

Keep: to sustain enrolment and maintain an acceptable level of success and satisfaction until completion/ graduation. This is clearly the intervention stage of the model, and is the most labour intensive for both the student/ young employee and the rehabilitation worker.

Throughout the process, interpersonal skills such as listening, demonstrating understanding, and coaching/inspiring are used to connect and develop the relationship with the student. Although most patients already started their educational or vocational career, some of them are not satisfied with the choice they made. In the choose-get-keep model the rehabilitation workers search with the patients where to start (choose, get or keep).

The innovative character of the project concerns the ultimate target group aimed at. Whereas special services for students with physical restraints already exist at many institutions, and are often (rightfully) seen as 'standard procedure', similar special services for students with psychiatric disabilities are hardly available and hardly developed yet. Our primary outcome is work or school status.

By given patients this intervention we expect more patients will be participating in a regular educational program or job. The intervention will take between 6-12 months.

Contacts

Public

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The Netherlands

Scientific

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The Netherlands

Eligibility criteria

Inclusion criteria

- At Risk Mental State, according to the Comprehensive Assessment of At Risk Mental State criteria
- Age between 18-35 years

Exclusion criteria

- Insufficient mastery of Dutch language
Intellectual abilities below IQ 70
- Prescription of significant dosage of anti-psychotic medication before entry of trial
- psychotic episode in the past

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Single blinded (masking used)

Control: Active

Recruitment

NL
Recruitment status: Recruiting
Start date (anticipated): 01-03-2013
Enrollment: 50
Type: Anticipated

Ethics review

Not applicable
Application type: Not applicable

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL3808
NTR-old	NTR3996
Other	Fryslan : 01029272
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Study results