# Haemorrhoidectomy versus rubber bAND ligation in grade III haemorrhoids: HollAND trial

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To establish the best treatment of patients with symptomatic haemorrhoids grade III: haemorrhoidectomy versus rubber band ligation (RBL). Patient bound effectiveness, clinical effectiveness and cost-utility of both treatments is...

**Ethical review** Approved WMO

**Status** Other

Health condition type Anal and rectal conditions NEC

**Study type** Interventional

# **Summary**

## ID

NL-OMON24433

#### Source

Nationaal Trial Register

## **Brief title**

HollAND trial

## **Condition**

Anal and rectal conditions NEC

#### **Health condition**

Haemorrhoids graad III.

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Proctos Kliniek Bilthoven

1 - Haemorrhoidectomy versus rubber bAND ligation in grade III haemorrhoids: HollAND ... 14-05-2025

**Source(s) of monetary or material Support:** 'Leading the Change' programma van Stichting Zorgevaluatie (projectnummer 80-85009-98-2001)

## Intervention

• Surigical procedure

## **Explanation**

## **Outcome measures**

## **Primary outcome**

Primary outcomes are quality of life measured with the Eq-5d-5L with Dutch rating and recurrence rate measured at 12 months follow-up.

## **Secondary outcome**

Secondary outcomes are: complaint reduction with proctology specific patient-related outcome measure (HSS, PROM, PROMHISS), vaizey score, resumption of work, pain (VAS), complications and recurrence at two years.

# **Study description**

## **Background summary**

Haemorrhoidal disease is one of the most common anorectal disorders which affects nearly half of the general population. Given the current numerous modalities the obvious question which needs to be answered is which treatment is the best. An interesting conclusion from a recent systematic review regarding operative procedures for haemorrhoidal disease is that all procedures have their own advantages and disadvantages. There is a need for evaluating treatment from the patient's point of view and transparency in surgical and non-surgical treatment outcome. So far there is no sufficiently large trial that meets that demand.

## Study objective

To establish the best treatment of patients with symptomatic haemorrhoids grade III: haemorrhoidectomy versus rubber band ligation (RBL). Patient bound effectiveness, clinical effectiveness and cost-utility of both treatments is compared; primary outcome is quality of life

at 24 months measured with the EQ-5D-5L with Dutch rating and recurrence at one year post

2 - Haemorrhoidectomy versus rubber bAND ligation in grade III haemorrhoids: HollAND ... 14-05-2025

procedure. The assumption is that treatment with rubber band ligation is equally effective in comparison with haemorrhoidectomy in terms of quality of life.

## Study design

Multicentre randomized controlled non-inferiority trial with cost-utility analysis.

Two treatment protocols are compared: haemorrhoidectomy and rubber band ligation

#### Intervention

Rubber band ligation versus haemorrhoidectomy

## Study burden and risks

For this study, patients are asked to take part in a study comparing treatment of haemorrhoids

by rubber band ligation and haemorrhoidectomy. Patients will not have extra hospital visits.

Patients will be asked to complete 8 questionnaires on 6 different occasions (6 x 10 minutes):

at baseline, at 1 and 6 weeks and 6, 12 and 24 months after surgery. The content includes

general and disease specific QOL, health related costs, subjective cure and adherence to

therapy. We do not expect any adverse reactions or events in respect to participation in the

study because both procedures are considered standard care.

## **Contacts**

#### **Public**

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# **Eligibility criteria**

## Age

Adults (18-64 years) Adults (18-64 years) Elderly (65 years and older) Elderly (65 years and older)

## Inclusion criteria

• Hemorrhoids grade III (Goligher classification) • Age 18 years and older • Sufficient understanding of the Dutch written language (reading and writing)

## **Exclusion criteria**

• Previous rectal or anal surgery with the exception of rubber band ligation • Previous surgery for haemorrhoids (at any time) • More than one injection treatment for haemorrhoids in the past 3 years • More than one rubber band ligation procedure in the past 3 years • Previous rectal radiation • Pre-existing sphincter injury • Inflammatory bowel disease • Medically unfit for surgery or for completion of the trial (ASA>III) • Pregnancy • Hypercoagulability disorders • Therapy with Warfarin, Clopidogrel or oral anticoagulance • Patients previously randomised to this trial • Not able or willing to provide written informed consent

## Study design

## **Design**

Study phase: N/A

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

4 - Haemorrhoidectomy versus rubber bAND ligation in grade III haemorrhoids: HollAND ... 14-05-2025

Control: Active

Primary purpose: Treatment

## Recruitment

NL

Recruitment status: Other

Start date (anticipated): 25-11-2019

Enrollment: 360

Type: Actual

## **IPD** sharing statement

Plan to share IPD: No

## **Ethics review**

Approved WMO

Date: 01-08-2019

Application type: First submission

Review commission: MEC Academisch Medisch Centrum (Amsterdam)

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# **Study registrations**

## Followed up by the following (possibly more current) registration

ID: 55719

Bron: ToetsingOnline

Titel:

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

NTR-new NL8020

CCMO NL69227.018.19 OMON NL-OMON55719

# **Study results**