Testing an e-supported Illness Management & Recovery Program for People with Severe Mental Illness

No registrations found.

Ethical review	Positive opinion
Status	Pending
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON24478

Source
NTR

Brief title
e-IMR

Health condition

Recovery, Severe Mental Illness, Illness Management & Recovery

Sponsors and support

Primary sponsor: Radboud universtiy medical center
Source(s) of monetary or material Support: ZonMW (nr. 520001001)

Intervention

Outcome measures

Primary outcome

IMR-scales: illness management,

MHRM: recovery,

BSI: severity of psychiatric symptoms,

PAM-13: self-management,

MANSA: quality of life,

RAND-36: general health.

Secondary outcome

Semi-structured qualitative interviews on:

IMR Fidelity Scales

Feasibility

Added value

Study description

Background summary

In the Netherlands a blended e-health application to the standard IMR-program is tested in a multi center early cluster randomized controlled trial. The objectives of this study are to evaluate the potential effectiveness, effect size, and the added value. A purposive sample of adult participants with SMI will be included when their clinician referred them to the IMR program. Participants in the care as usual group receive guideline-based treatment combined with the IMR-program. On top of this usual care participants in the intervention group receive e-IMR, which adds an e-health application to the standard IMR-program. Main study parameters/endpoints are: illness management, recovery, psychiatric symptoms severity, self-management, quality of life, and general health. The process of the IMR program will be evaluated on fidelity and feasibility in semi-structured interviews with participants and trainers.

Study objective

A blended form of e-health contributes to the recovery process of consumers with SMI and match the consumers' preference compared to an evidence-based face-to-face intervention.

Study design

At baseline: NAW, computer literacy, IMS-scales, MHRM, BSI, PAM-13, MANSA, RAND-36, IMR fidelity scales;

At 6 months: IMR-scales, MHRM, BSI, PAM-13, MANSA, RAND-36;

At 12 months: IMS-scales, MHRM, BSI, PAM-13, MANSA, RAND-36, IMR fidelity scales, quaitative interviews on feasibilty, added value

Intervention

The standard IMR program is provided in a series of weekly face-to-face sessions in which consumers with SMI develop personalized strategies for managing their mental illness and moving forward in their lives. There is a strong emphasis on helping consumers set and pursue personal goals and helping them put strategies into action in their everyday lives. On top of the IMR participants in the intervention group will get the opportunity to enter the e-IMR intervention, e-support for self-management and recovery.

Contacts

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Eligibility criteria

Inclusion criteria

• consumers with SMI

• adults, above 18 years of age

• referred to the IMR-program by their clinician.

• capable to give informed consent.

Exclusion criteria

• consumers that are overwhelmed by disability including dependence, denial, confusion, anger, or
despair.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Single blinded (masking used)
Control:	Active

Recruitment

NL

Recruitment status:	Pending
Start date (anticipated):	01-12-2014
Enrollment:	100
Type:	Anticipated

Ethics review

Positive opinion

Date:	06-09-2014
Application type:	First submission

Study registrations

Followed up by the following (possibly more current) registration

ID: 42273

Bron: ToetsingOnline
Titel:

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL4621
NTR-old	NTR4772
CCMO	NL49693.091.14
OMON	NL-OMON42273

Study results