# Influence of an acidic beverage on the absorption of erlotinib

No registrations found.

**Ethical review** Positive opinion **Status** Recruitment stopped

Health condition type -

**Study type** Interventional

# **Summary**

#### ID

NL-OMON24483

Source

NTR

**Brief title** 

**COLA-study** 

**Health condition** 

lungcancer

## **Sponsors and support**

**Primary sponsor:** Erasmus University Medical Center

Source(s) of monetary or material Support: Stichting de Merel

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

Differences in erlotinib bioavailability during coca-cola intake vs. water intake (+/- PPI)

#### **Secondary outcome**

Toxicity of erlotinib

# **Study description**

#### **Background summary**

PPI use during Erlotinib therapy decreases bioavailability of the latter. Since a PPI is often used during erlotinib therapy, this DDI confronts pharmacists and oncologists with major challenges. A profound solution for managing this DDI is not yet available.

A possible (and practical) way to by-pass the DDI between erlotinib and PPIs is to temporarily lower the stomach pH by taking erlotinib with an acidic beverage, such as Coca-Cola (pH=2,8). To determine the influence of the acidic beverage Coca-Cola, concomitantly taken with erlotinib (with or without a PPI), on erlotinib plasma pharmacokinetics compared to erlotinib concomitantly taken with water in cancer patients.

#### Study objective

PPI use during Erlotinib therapy decreases bioavailability of the latter. Since a PPI is often used during erlotinib therapy, this DDI confronts pharmacists and oncologists with major challenges. A profound solution for managing this DDI is not yet available.

A possible (and practical) way to by-pass the DDI between erlotinib and PPIs is to temporarily lower the stomach pH by taking erlotinib with an acidic beverage, such as Coca-Cola (pH=2,8).

#### Study design

N.a.

#### Intervention

To determine the influence of the acidic beverage Coca-Cola, concomitantly taken with erlotinib (with or without a PPI), on erlotinib plasma pharmacokinetics compared to erlotinib concomitantly taken with water in cancer patients.

# **Contacts**

#### **Public**

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# **Eligibility criteria**

#### Inclusion criteria

- 1. Age > 18 years
- 2. Use of Erlotinib monotherapy for at least 4 weeks
- 3. Subject is able and willing to sign the Informed Consent Form prior to screening evaluations

#### **Exclusion criteria**

- 1. Age < 18 years
- 2. Pregnant or lactating patients
- 3. Impossibility to take oral drugs

# Study design

## **Design**

Study type: Interventional

Intervention model: Crossover

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: N/A, unknown

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 25-04-2014

Enrollment: 28

Type: Actual

# **Ethics review**

Positive opinion

Date: 25-04-2014

Application type: First submission

# **Study registrations**

## Followed up by the following (possibly more current) registration

ID: 40431

Bron: ToetsingOnline

Titel:

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL4320 NTR-old NTR4540

CCMO NL47466.078.14 OMON NL-OMON40431

# **Study results**

### **Summary results**

van Leeuwen et al. Influence of the Acidic Beverage Cola on the Absorption of Erlotinib in Patients With Non-Small-Cell Lung Cancer. J Clin Oncol. 2016;34(12):1309-14