

# FermaTrial: a study on the treatment of osteoarthritis by means of injections in the hip joint.

No registrations found.

<b>Ethical review</b>	Not applicable
<b>Status</b>	Pending
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON24527

### Source

NTR

### Brief title

FermaTrial

### Health condition

Arthrosis

Hip

## Sponsors and support

**Primary sponsor:** Maatschap Orthopedie, Medisch Centrum Leeuwarden

**Source(s) of monetary or material Support:** Stichting Onderzoek Leeuwarder Orthopedisch chirurgen  
Hyaltech provides the hyaluronic acid

## Intervention

## Outcome measures

### Primary outcome

Differences in pain reduction between patients with osteoarthritis of the hip treated with intra-articular injections with Fermathron S (hyaluronic acid) and patients treated with corticosteroids (Depomedrol).

## **Secondary outcome**

1. Differences in function and radiological changes between the group treated with Fermathron S and the group treated with Depomedrol.
2. Safety of Fermathron S in patients with osteoarthritis of the hip.
3. Differences in paracetamol consumption between the group treated with Fermathron S and the group treated with Depomedrol.

## **Study description**

### **Background summary**

Background of the study:

Conservative treatment concerning coxarthrosis has been limited to pain medication and physical therapy. Also known are the positive short term effects of intra-articular injections with corticosteroids and hyaluronic acid. However, the long term effects are unknown.

Study design:

Multi centre randomised, blinded and prospective trial consisting of two groups; (I) Hyaluronic acid (Fermathron S) and (II) Corticosteroids (Depomedrol).

Intervention:

Group I will receive 3 ml hyaluronic acid and 2 ml Lidocaine. Group II will receive 2 ml corticosteroids and 3 ml Lidocaine.

Primary outcome:

To determine differences in pain reduction between patients with osteoarthritis of the hip treated with intra-articular injections with Fermathron S (hyaluronic acid) and patients treated with Depomedrol (corticosteroids) at 6 and 12 months follow-up.

### **Study objective**

The positive short term effects of intra-articular injections with corticosteroids and hyaluronic acid are known. However, the longterm effects are unknown.

### **Study design**

At 6 and 12 months follow-up

### **Intervention**

Group I: 3 ml hyaluronic acid and 2 ml lidocaine

Group II: 2 ml corticosteroids and 3 ml lidocaine

## Contacts

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## Eligibility criteria

### **Inclusion criteria**

1. Age 18 years or older
2. Symptomatic coxarthrosis
3. Baseline hip pain VAS score of 15 mm or more
4. Signed informed consent

### **Exclusion criteria**

1. Ipsilateral gonarthrosis
2. Clinical significant neurologic or vascular disease
3. Previous intra-articular injections in the affected hip
4. Osteonecrosis or osteomyelitis of the affected hip
5. Rheumatoid arthritis or other inflammatory arthritides

6. Previous surgical procedures of the hip
7. Active or suspected infection in or around the hip
8. Limitation to give an intra-articular injection in the affected hip
9. Current treatment with corticosteroids for another disease
10. Serious liver or kidney failure
11. An alcohol or drug addiction
12. Pregnancy or breastfeeding
13. Contraindications to components of Fermatron, Depomedrol or lidocaine

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-05-2014
Enrollment:	188
Type:	Anticipated

## Ethics review

Not applicable	
Application type:	Not applicable

## Study registrations

## Followed up by the following (possibly more current) registration

ID: 40597

Bron: ToetsingOnline

Titel:

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL4228
NTR-old	NTR4373
CCMO	NL44152.099.13
OMON	NL-OMON40597

## Study results