

A Powerful Story- An Evaluation Study of a Life Story Intervention to promote Recovery in People with Personality Disorders in the High Intensity Service of Mental Health Care.

No registrations found.

Ethical review	Positive opinion
Status	Pending
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON24545

Source

Nationaal Trial Register

Health condition

Personality disorders

Sponsors and support

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Functie: Hoogleraar narratieve psychologie

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Intervention

Outcome measures

Primary outcome

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The primary outcome measure is the feasibility of the intervention as reported by participants (patients and practitioners) and by an observer present at the sessions. This will be measured with the Client Satisfaction Questionnaire (CSQ, Larsen, Attkisson, Hargreaves, & Nguyen, 1979; Dutch translation: De Brey, 1983), which is administered to the practitioners after each session, the Helpful Aspects of Therapy form (HAT; Llewelyn et al., 1988; Elliot, 2012), which is administered to the patients after each session, the observations of adherence and treatment integrity at each session and the evaluation of the entire intervention afterwards (CSQ for both, practitioners and patients).

Secondary outcome

A second outcome measure is the change in recovery based on the Mental Health Recovery Measure (MHRM, van Nieuwenhuizen et al., 2013, Young & Bullock, 2005).

A third outcome measure is the therapy course based on shared stories during the sessions and a qualitative analysis of the final product.

Study description

Background summary

The current study is a feasibility study, using both qualitative and quantitative measurement methods. The primary aim of this evaluation study is to investigate the feasibility of a new developed intervention 'A Powerful Story' for patients with personality disorders. This intervention will be tested in the context of the mental health care institute GGNet Scelta in Apeldoorn (Netherlands). A group of 9 to 12 patients will join this intervention. This narrative intervention offers different writing tasks in order to promote personal and societal recovery in patients. The first sub-goal of this study is to map the possible added value for personal and societal recovery. The second sub-goal is mapping out the course of therapy by evaluating the therapy change processes (measured by questionnaires) and by analyzing the products that are made by participants during this intervention.

Study objective

This evaluation study builds upon a preliminary design study, in which 'A Powerful Story' has been designed. The primary aim of the current study is to investigate the feasibility of the intervention 'A Powerful Story' in the treatment of personality disorders. The first sub-goal is to map the possible added value for personal and social recovery. The second sub-goal is mapping out the course of therapy through the evaluation of therapy change processes, and through an analysis of the products that are made by participants during this intervention.

Study design

A weekly questionnaire will be filled out for 11 weeks in a row. This will take place always

directly after the weekly group session of the intervention. This will be in February, March and April of 2019.

Intervention

It is a narrative intervention especially developed for patients suffering from personality disorder. The goal of the intervention is promoting personal and societal recovery in those patients. This research seeks to investigate the feasibility of 'A Powerful Story' within the treatment context of GGNet Scelta in Apeldoorn (Netherlands). This intervention is supposed to become a regular module of choice (add- on treatment) for those patients who already receive treatment at Scelta. The intervention will consist of different structured writing tasks and groupssessions to share the written story by reading it to the group. The writing tasks will be related to the past, to an important turning point in life and to the present moment with also thoughts and idea's about the future after treatment.

Contacts

Public

Scientific

Eligibility criteria

Inclusion criteria

To qualify for participation in this research, a patient must:

1. follow a treatment at Scelta, GGNet
2. Have been approved to participate by his responsible therapist
3. Be able to complete this intervention during the treatment at Scelta

Explanation criterion 2: The main responsible therapist decides in consultation with the patient whether it is appropriate to participate in this intervention. The main responsible therapist makes use of the following screening criteria:

- A patient must be able to look at the past with some distance, as indicated by at least one active contribution during the treatment program in a psychotherapeutic session (group session)
- A patient must be able to look forward towards recovery, as demonstrated by at least one contribution during treatment program in the social reintegration part

There is no inclusion criterion for therapists. It concerns practitioners who work at Scelta Apeldoorn.

Exclusion criteria

The exclusion criteria for participation in this study are:

- Low IQ (lower than 80)
- Not able to participate in a group form
- Antisocial personality disorder
- Insufficient command of the Dutch language

These criteria have already been screened during admission for treatment at Scelta. For taking part in 'A Powerful Story' they will be checked again by the main responsible therapist, who assesses whether the intervention seems feasible and suitable for the patient.

In addition to the standard exclusion criteria, additional exclusion criteria are:

- presence of contra-indication (such as severe instability or being in an acute crisis (GAF-score lower than 50) or the presence of psychosis or acute suicidality, implying no mental competence)

There is no exclusion criterion for therapists. It concerns practitioners who work at Scelta Apeldoorn.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Non controlled trial
Masking:	Open (masking not used)
Control:	N/A , unknown

Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	27-02-2019
Enrollment:	12
Type:	Anticipated

Ethics review

Positive opinion	
Date:	20-12-2018
Application type:	First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register ID

NTR-new NL7456

NTR-old NTR7698

Other NL67907.044.18 (administered by CCMO- Toetsing Online) : University of Twente

Study results