Leiden Improvement of MIgraine Therapy in general practice.

No registrations found.

Ethical review	Not applicable
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON24827

Source
NTR

Brief title
LIMIT-study

Health condition

migraine

Sponsors and support

Source(s) of monetary or material Support: ZonMw doelmatigheidsfonds
Stichting Nuts Ohra

Intervention

Outcome measures

Primary outcome

HIT-6 (Headache Impact Test)-score at baseline and after 3, 6, 9 and 12 months.

Secondary outcome

1. The health-related quality of life (self reported EQ-5D and visual analogue scale);

2. Migraine characteristics;
3. Medication use;
4. Social effects of migraine including absence at work.
Measured at baseline and after 3, 6, 9 and 12 months.

Study description

Background summary

We aim to study the costs and effects of a pro-active approach of migraine patients by the General Practitioner. The design is a pragmatic cluster randomised controlled trial with the general practice as the unit of randomisation. Patients using >=24 DDD's triptans are selected from the EMD and invited by mail to consult their GP. Diagnosis and treatment plan of migraine will be evaluated and discussed. Patients will be offered prophylactic treatment according to the Dutch Guidelines (NHG-standaard). The control group will receive usual care. The primary outcome is the score on the HIT-6 questionnaire.

Study objective

The aim of the study is to optimize therapy of migraine patients, according to the Dutch GP Guideline for headache and consequently reduce the use of triptans. The project will explore the costs and effects of a proactive approach of patients with triptan use by GPs.

Intervention

Proactive stepped approach based on the Dutch GP Guideline versus usual care. Step 1: a letter to invite patients for consultation. Step 2: a visit to the GP, who can give information about headache and therapy, reduce/stop the triptans, prescribe prophylactic therapy or reconsider the diagnosis of migraine.
Control group: care as usual.

Contacts

Public

Leiden University Medical Center (LUMC), Department of Public Health and Primary Care,
Postzone V-0-P,
P.O. Box 9600
J.W. Blom
Leiden 2300 RC
The Netherlands
+31 (0)71 5268406

Scientific
Leiden University Medical Center (LUMC), Department of Public Health and Primary Care,
Postzone V-0-P,
P.O. Box 9600
J.W. Blom
Leiden 2300 RC
The Netherlands
+31 (0)71 5268406

Eligibility criteria

Inclusion criteria

Patients in general practice using ¡Ý24 DDD triptans (or ¡Ý6 DDDs in the last 3 months), enlisted in 60 general practices, that are part of LEON (the Leiden Eerstelijns Onderzoeksnetwerk, managed by the department of Public Health and Primary Care).

Exclusion criteria

1. Younger than 18 years;
2. Cognitive impairment;
3. Psychiatric illness;
4. Terminal illness;
5. Non-Dutch speaking.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Masking:	Open (masking not used)
Control:	Active

Recruitment

NL
Recruitment status: Recruiting

Start date (anticipated):	01-03-2007
Enrollment:	600
Type:	Anticipated

Ethics review

Not applicable
Application type: Not applicable

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL827
NTR-old	NTR840
Other	: N/A
ISRCTN	ISRCTN72421511

Study results

Summary results
N/A