

# The effectiveness of supportgroups for people suffering from psychosis: a randomized controlled trial.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON24883

### Source

NTR

### Brief title

N/A

### Health condition

Psychosis  
Schizophrenia

## Sponsors and support

**Primary sponsor:** This study was granted by Zon Mw, The Netherlands Organisation for Health Research and Development.

## Intervention

## Outcome measures

### Primary outcome

Quality of Life: WHO Qol Bref.

## Secondary outcome

1. Social support;
2. Social network;
3. Self-efficacy;
4. Self esteem;
5. Psychopathology.

## Study description

### Background summary

N/A

### Study objective

Participation in supportgroups leads to an improvement in quality of life, social support, social network, self-efficacy and self-esteem.

### Study design

N/A

### Intervention

The peer support group involved 16 sessions of 1 ½ hours. The waiting-list control group received treatment as usual (TAU). The trial took place over 8 months. The groups - with approximately 10 patients - were minimal guided by a nurse. Nurses were trained in the methodology which was especially developed for people with schizophrenia. The nurse was present at the start from the start and did offer structure, but did not interfere with the group process.

## Contacts

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### **Scientific**

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## **Eligibility criteria**

### **Inclusion criteria**

1. Suffered from one or more psychotic episodes;
2. Outpatient;
3. 18 years or older.

### **Exclusion criteria**

1. Drug- or alcohol misuse;
2. Suffering from psychotic symptoms that influence the group process.

## **Study design**

### **Design**

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)

Control: Active

## Recruitment

NL  
Recruitment status: Recruitment stopped  
Start date (anticipated): 01-02-2003  
Enrollment: 106  
Type: Actual

## Ethics review

Positive opinion  
Date: 03-08-2006  
Application type: First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL737
NTR-old	NTR747
Other	: N/A
ISRCTN	ISRCTN02457313

## Study results

### Summary results

S. Castelein, R. Bruggeman, J.T. van Busschbach, M. van der Gaag, P.J. Mulder, H. Kneegting en D. Wiersma. The effectiveness of support groups for people suffering from psychosis: a multi-center randomized controlled trial. *Schizophrenia Bulletin*. 2005, vol. 31, number 2, 521