

# Healthy living in Northern Wijchen (In Dutch: Gezond Leven in Noord Wijchen - Vragenlijstonderzoek met ouders in de wijk)

No registrations found.

|                              |                     |
|------------------------------|---------------------|
| <b>Ethical review</b>        | Positive opinion    |
| <b>Status</b>                | Recruitment stopped |
| <b>Health condition type</b> | -                   |
| <b>Study type</b>            | Interventional      |

## Summary

### ID

NL-OMON24891

### Source

Nationaal Trial Register

### Brief title

GLiNW

### Health condition

Overweight

## Sponsors and support

**Primary sponsor:** NutsOhra Foundation, Program Healty Future Nearby

**Source(s) of monetary or material Support:** NutsOhra Foundation

## Intervention

## Outcome measures

### Primary outcome

Child-friendliness of the neighbourhood

## Secondary outcome

Self-perceived health parents and children, overweight parents and children, social support parents and children, physical activity parents and children, knowledge of existing offer for parents and children, diet parents and children.

## Study description

### Background summary

Evaluation research on differences in health outcome indicators in the health project period 2017-2019. The community-based project aims to improve self-perceived health and to reduce overweight of parents and children in the Northern part of Wijchen. The project interventions target determinants of health: the physical environment, social relations, physical activity and nutrition.

### Study objective

Health outcome indicators of parents and children in Northern Wijchen have improved in the period 2017-2019.

### Study design

Measurements with parents in the periods:

2017: March 6 maart - May 18

2018: March 6 - April 30

2019: March 21 - May 20 (ongoing at the moment of submitting this trial)

### Intervention

The integral health approach consisted of ten SMART goals, operationalised in workplans. Professionals and parents collaborated in setting goals and formed workgroups to execute the plans. The ten plans can be clustered in aiming at 1) improving the child-friendliness of the neighbourhood 2) improving the accessibility and use of existing offer of health enhancing activities and 3) enhancing skills.

## Contacts

### Public

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## Eligibility criteria

### Inclusion criteria

Household with parent/caretaker and a child in the age of 4 - 13 years old, living in the area with code 6601 en 6604 in the period March 6 - May 18 in 2017.

### Exclusion criteria

Moved to an area code outside 6601 and 6604 before the first of September 2018.

## Study design

### Design

|                     |                      |
|---------------------|----------------------|
| Study type:         | Interventional       |
| Intervention model: | Other                |
| Allocation:         | Non controlled trial |

**Control:** N/A , unknown

### Recruitment

|                           |                     |
|---------------------------|---------------------|
| NL                        |                     |
| Recruitment status:       | Recruitment stopped |
| Start date (anticipated): | 01-06-2016          |
| Enrollment:               | 73                  |
| Type:                     | Actual              |

## IPD sharing statement

**Plan to share IPD:** Yes

### Plan description

Deidentified IPD will be shared with the NutsOhra Foundation Program evaluators for quantitative analyses on program level by giving them access to this data in the Digital Research Environment of Radboud University and Medical Centre when all data has been gathered.

## Ethics review

Positive opinion

Date: 09-05-2019

Application type: First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

### Register ID

NTR-new NL7738

Other Lokale CMO Radboudumc, CMO Regio Arnhem-Nijmegen : 2017-3145

## Study results

### Summary results

PhD plan: publish this research as scientific article in 2020.