The implementation of a Dutch computer-generated tailored smoking cessation program AROM by pharmacists and general practitioners.

No registrations found.

Ethical review	Positive opinion
Status	Recruitment stopped
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON24903

Source
NTR

Brief title
N/A

Health condition

Adult smokers will be recruited through community pharmacies and general practices to participate in the research by filling in a baseline questionnaire and signing the informed consent. Within 7 working days, they will recieve either a a tailored letter about smoking cessation (experimental group) or a thank you letter for participating (control group). After 3 and 12 months, they will be contacted by telephone for follow-up.

Sponsors and support

Source(s) of monetary or material Support: This study is funded by a grant of the Dutch Organisation for Health Research and Development (ZonMw), project id 2200002.

Intervention

Outcome measures

Primary outcome

1. Quitting activity between baseline and follow-up;

2. Abstinence between baseline and follow-up.

Secondary outcome

N/A

Study description

Background summary

This project aims to test the efficacy of the implementation of a computerized tailoring approach AROM by community pharmacists and general practitioners (GPs).

In study 1, 40 community pharmacies will distribute 200 baseline questionnaires about smoking cessation to their smoking patients. Partipating smokers will be randomly assigned to the experimental (E) and control (C) condition. The smokers in te E-group will receive a tailored letter about smoking cessation (generated by AROM).

In study 2, the same procedure will be followed now using general practices as the setting to access smokers; 84 practices will distribute the questionnaires.

In both studies, follow-ups will take place at 3 and 12 months after baseline to measure short and longer term effects on smoking cessation. Process evaluation data, cost effectiveness data as well as data about the rate of adoption by patients will be measured and analysed as well.

Study objective

One tailored letter on smoking cessation will lead to more quit attempts at follow-up.

Study design

N/A

Intervention

Adult smokers will recieve either a a tailored letter about smoking cessation (experimental

group) or a thank you letter for participating (control group).

Contacts

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Eligibility criteria

Inclusion criteria

Having smoked in the last 7 days.

Exclusion criteria

Younger than 17 years of age.

Study design

Design

Study type:	Interventional
Intervention model:	Other
Allocation:	Randomized controlled trial

Control: N/A , unknown

Recruitment

NL

Recruitment status:	Recruitment stopped
Start date (anticipated):	01-01-1999
Enrollment:	1500
Type:	Actual

Ethics review

Positive opinion

Date:	18-10-2005
Application type:	First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL425
NTR-old	NTR465
Other	: ZonMw: project id 2200002
ISRCTN	ISRCTN16268486

Study results

Summary results

1. Hoving EF, Mudde AN, de Vries H. Intention to adopt a smoking cessation expert system within a self-selected sample of Dutch general practitioners. European Journal of Cancer Prevention (in press).
2. Hoving EF, Mudde AN, de Vries H. Predictors of smoking relapse in a sample of Dutch adult smokers; the roles of gender and action plans. Addictive Behaviors (in press).