

# Je lusten de baas

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Other
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON25010

### Source

Nationaal Trial Register

### Brief title

Forensic sexual offenders

### Health condition

(english) sex; addiction; approach bias; intervention  
(dutch) seks; verslaving; toenaderingsbias; interventie

## Sponsors and support

**Primary sponsor:** De Forensische Zorgspecialisten, Victas Verslavingszorg, Onderzoeksbureau IVO

**Source(s) of monetary or material Support:** Kwaliteitsinstituut Forensische Zorg

## Intervention

## Outcome measures

### Primary outcome

Approach bias scores at pre-test and post-test

### Secondary outcome

Sexual preoccupation and sexual behavior

# Study description

## Background summary

The main objective of this study is the measurement of approach bias in sex offenders and sex addicts, alongside determining whether the approach bias for sexual stimuli differs between these groups. A further objective is to test an intervention designed to train away the approach bias in sex addicts ('avoidance training'), among both those receiving forensic health care and addiction treatment. Secondary objectives are testing whether the training reduces sexual preoccupation and sexual behaviors and testing whether these reductions are related to a reduction in approach bias

## Study objective

Hypothesis 1: We expect to find an approach bias in forensic sexual offenders and in sexual addicts.

Hypothesis 2: The proposed intervention will cause a decline in approach bias in forensic sexual offenders and sexual addicts, compared to the placebo intervention.

## Study design

Tijdbeslag  
per bezoek 45 of 20 minuten

totaal 9 sessies

totale duur van de studie voor de individuele proefpersoon 4 uur

## Intervention

Avoidance training. The intervention is a computerized training, the so-called 'avoidance training'. In the training, approach bias for sexual stimulus is trained away. The training consists of six sessions spread over a period of three weeks. During each session the participants complete a training of approximately 20 minutes. The training is a computer task in which the participants see sexual images and control images (nature photographs; landscapes, seas, flowers, etc.). The images are tilted either 5 degrees to the left or to the right. The one half of the participants (from the intervention condition and from the control condition) receives the instructions to push images that are tilting to the left away from themselves by pressing a button on the keyboard (by doing so the image gets smaller, creating the illusion that it is moving away from the participant), and to pull images that are tilted to the right towards themselves (the image gets larger in this case). For the other half of the participants the instructions are reversed. The images that the participants in the intervention condition push away from themselves are the sexual images while the images they pull towards themselves are the nature images. In the control condition, half of the

sexual images and the half of the nature images are to be pulled towards the participant, the other half are to be pushed away.

It is expected that the consistent pushing away of the sexual stimuli will lead to a reduction in approach bias and thus faster avoidance of the images. In the control group no changes is expected in the approach bias.

## Contacts

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## Eligibility criteria

### **Inclusion criteria**

- 18-65 years old
- males
- sexual offenders in a forensic outpatient treatment
- addiction care outpatients with sex addiction

### **Exclusion criteria**

- psychotic disorder, bipolar I disorder, organic mental disorder

- intellectually disabled
- using psychopharmacological drugs and/or anti-androgen medication
- not speaking Dutch properly
- no Internet access

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Placebo

### Recruitment

NL	
Recruitment status:	Other
Start date (anticipated):	01-11-2015
Enrollment:	104
Type:	Unknown

## Ethics review

Positive opinion	
Date:	27-10-2015
Application type:	First submission

## Study registrations

## **Followed up by the following (possibly more current) registration**

No registrations found.

## **Other (possibly less up-to-date) registrations in this register**

No registrations found.

## **In other registers**

### **Register ID**

NTR-new NL5376

NTR-old NTR5477

Other KFZ; MEC Erasmus MC; CCMO : 2014-17; MEC-2014-645; NL51488.078014

## **Study results**

### **Summary results**

NA