# Extra energy for hearts with a genetic defect

No registrations found.

Ethical review	Positive opinion
Status	Recruiting
Health condition type	-
Study type	Interventional

# **Summary**

# ID

NL-OMON25078

Source NTR

Brief title ENERGY

Health condition

Hypertrophic Cardiomyopathy

# **Sponsors and support**

Primary sponsor: ZonMW en de Hartstichting, Programma Translationeel Onderzoek, project 95105003 Source(s) of monetary or material Support: ZonMW/Hartstichting Programma

# Translationeel Onderzoek project 95105003

## Intervention

## **Outcome measures**

#### **Primary outcome**

Myocardial energy efficiency, as measured by PET/CT and CMR

#### Secondary outcome

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Diastolic function measured by echocardiography, volume parameters of the heart measured by CMR, exercise capacity measured by CPET, electrophysiological properties of the heart measured by ECG

# **Study description**

#### **Background summary**

Aims: Previous studies have shown that HCM mutation carriers have a decreased myocardial energy efficiency, which is thought to play a key role in the pathomechanism of HCM. The ENERGY trial aims to determine whether metabolic drugs correct decreased myocardial energy efficiency in HCM mutation carriers at an early disease stage.

Methods: 40 genotype-positive, phenotype-negative MYH7 mutation carriers will be treated for two months with trimetazidine or placebo in a double-blind randomized study design. Directly before and after treatment, study subjects will undergo an [11C]-acetate PET/CT and CMR scan to measure myocardial energy efficiency. Myocardial efficiency will be calculated as the amount of oxygen used by the heart to perform work.

Conclusion: The ENERGY trial will be the first proof-of-concept to determine whether metabolic drugs are a potential preventive therapy for HCM. Given that trimetazidine is already used in clinical practice, there is large potential to swiftly implement this drug in HCM therapy.

#### **Study objective**

Trimetazidine improves myocardial energy efficiency in MYH7 mutation carriers

#### Study design

Last patient last visit

#### Intervention

Trimetazidine 20mg 3dd

# Contacts

#### Public

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#### Scientific

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# **Eligibility criteria**

## **Inclusion criteria**

18-65 years old Class 5 MYH7 mutation identified by pre-symptomatic genetic screening

## **Exclusion criteria**

Cardiovascular disease - Hypertrophic Cardiomyopathy (Maximal Wall Thickness >15mm) - Wall motion disorders Diabetes mellitus Any absolute or relative contra-indication for MRI (i.e. metallic implants and claustrophobia) Inability to give informed consent. Severely impaired renal function with a GFR < 30 ml/min Parkinson disease and related symptoms

# Study design

## Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Placebo

## Recruitment

Recruitment status:	Recruiting
Start date (anticipated):	01-02-2019
Enrollment:	40
Туре:	Anticipated

## **IPD** sharing statement

Plan to share IPD: Undecided

# **Ethics review**

Positive opinion	
Date:	01-02-2019
Application type:	First submission

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

**Register** NTR-new Other **ID** NL7492 METC VUmc : 2018.344

# **Study results**