# Biochemical efficacy and tolerability of allopurinol, benzbromarone and probenecid in gout.

No registrations found.

**Ethical review** Positive opinion **Status** Recruitment stopped

Health condition type -

**Study type** Interventional

## **Summary**

#### ID

NL-OMON25101

Source

NTR

**Brief title** 

GOUT-1

**Health condition** 

gout, hyperuricemia

## **Sponsors and support**

**Primary sponsor:** drs M.K. Reinders

Department of Clinical Pharmacy and Pharmacology,

Medical Centre Leeuwarden

Postbox 888

8901 BR Leeuwarden

The Netherlands

**Source(s) of monetary or material Support:** fund = initiator = sponsor

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

Success rate on study medication consisting of patient tolerability and attainment of target level serum urate <0.30 mmol/l after 8 weeks treatment.

#### **Secondary outcome**

- 1. Serum urate lowering effect (% decrease) of the antihyperuricemic agent;
- 2. tolerability of the antihyperuricemic agent (adverse drug reactions).

# **Study description**

#### **Background summary**

- 1. To study the efficacy and tolerability of the uricostatic agent allopurinol 300 mg/day to decrease serum-urate to target values of <0.30 mmol/l in gout patients (stage 1).
- 2. To compare the efficacy and tolerability of the uricosuric agents benzbromarone 200 mg/day and probenecid 2000 mg/day to decrease serum urate to target values <0.30 mmol/l in gout patients inadequately treated with allopurinol (stage 2).

#### Study objective

- 1. Allopurinol has a poor efficacy and tolerability profile to lower serum urate to target levels <0.30 mmol/l.
- 2. Benzbromarone is more potent and is better tolerated than probenecid to lower serum urate to target levels <0.30 mmol/l.

#### Study design

N/A

#### Intervention

stage 1: allopurinol 1dd 300mg (8 weeks).

stage 2:

A. benzbromarone 1dd 200mg (8 weeks);

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B. probenecide 2dd 1000mg (8 weeks).

## **Contacts**

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# **Eligibility criteria**

#### Inclusion criteria

- 1. Age >18 year;
- 2. Diagnosis gout based on crystal evidence or ARA criteria;
- 3. Eestimated creatinine clearance >50 ml/min;
- 4. Baseline values measured: serum urate, urinary urate excretion, serum creatinine.

#### **Exclusion criteria**

- 1. Contra-indication for allopurinol, benzbromaron or probenecid;
- 2. Prior treatment with allopurinol, benzbromaron or probenecid.

# Study design

## **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: Active

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 01-06-2005

Enrollment: 96

Type: Actual

## **Ethics review**

Positive opinion

Date: 12-02-2007

Application type: First submission

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

NTR-new NL886
NTR-old NTR901
Other : N/A

ISRCTN ISRCTN21473387

# **Study results**

### **Summary results**

N/A