Randomized phase III trial in elderly patients with previously untreated symptomatic Multiple Myeloma comparing MP-Thalidomide (MP-Thal) followed by thalidomide maintenance versus MP-Lenalidomide (MP-Len) followed by maintenance with lenalidomide.

No registrations found.

Ethical review	Positive opinion
Status	Recruitment stopped
Health condition type	-
Study type	Interventional

## **Summary**

### ID

NL-OMON25186

**Source** Nationaal Trial Register

Brief title HOVON 87 MM

**Health condition** 

Multiple Myeloma

### **Sponsors and support**

**Primary sponsor:** Stichting Hemato-Oncologie voor Volwassenen Nederland (HOVON) P/a HOVON Data Center; Erasmus MC; Postbus 2040; 3000 CA Rotterdam Tel: +31 10 704 1560; Fax +31 10 704 1028 e-mail: hdc@erasmusmc.nl

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**Source(s) of monetary or material Support:** HOVON receives unrestricted grants and/or financial support from Amgen, BSP, Johnson&Johnson-Orthobiotech, Roche, Novartis and Celgene for the execution of investigator sponsored trials. In addition HOVON is supported by the Dutch Cancer Society.

### Intervention

### **Outcome measures**

#### **Primary outcome**

1. Progression free survival, defined as time from registration to progression or death from any cause;

2. Response rate (sCR, CR or VGPR).

#### Secondary outcome

- 1. Response rate (sCR, CR, VGPR or PR);
- 2. Overall survival, measured from time of registration;

3. Quality of response during maintenance, measured as improvement of response (from start maintenance till progression);

4. Time to maximum response, defined as time from registration to maximum response;

5. Time to death from relapse/progression (after initial response), measured from time of first relapse/progression;

6. Safety and toxicity as defined by type, frequency and severity of adverse events as defined by the National Cancer Institute (NCI) Common Terminology Criteria (CTC), version 3.0;

7. Quality of life as defined by the EORTC QLQ-C30 definitions.

## **Study description**

#### **Background summary**

Study phase:

Randomized phase III

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Study objective:

To compare progression free survival with MP+Thalidomide (MP-Thal) followed by maintenance with thalidomide versus MP+Lenalidomide (MP-Len) followed by maintenance with lenalidomide.

To compare (stringent) complete and very good partial response with MP-Thal versus MP-Len.

To compare overall survival with MP-Thal versus MP-Len.

To assess and compare overall response and time-to-response with MP-Thal versus MP-Len.

To assess the effect of maintenance therapy with thalidomide alone following MP-Thal induction or lenalidomide alone following MP-Len induction.

To assess and compare the time from relapse/progression (after initial response) to death in patients having been treated with MP-Thal versus MP-Len.

To asses the quality of life with these regimens.

To assess the safety and toxicity of both regimens.

Patient population:

Previously untreated symptomatic patients with MM. Age >65 or <= 65 and patient ineligible for high dose therapy and peripheral stem cell transplantation.

Study design:

Prospective, multicenter, randomized

Duration of treatment:

Expected duration of induction treatment: 9 months. Maintenance therapy with lenalidomide or thalidomide will be given until relapse/progression. All patients will be followed until 10 years after registration.

#### Study objective

The hypothesis to be tested is that the outcome in arm B is better than in arm A.

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### Study design

- 1. At entry;
- 2. Before start of treatment;
- 3. During induction therapy;
- 4. After 1, 3, 5, 7 and 9 cycles;
- 5. During maintenance therapy every 2 months.

#### Intervention

Arm A: 9 cycles of MP-Thal, followed by thalidomide maintenance.

Arm B: 9 cycles of MP-Len, followed by lenalidomide maintenance.

## Contacts

#### Public

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## **Eligibility criteria**

### **Inclusion criteria**

1. Previously untreated patients with a confirmed diagnosis of symptomatic multiple myeloma according to IMWG criteria ;

2. Age > 65 years or patients  $\leq$  65 not eligible for high dose chemotherapy and peripheral

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stem cell transplantation;

3. WHO performance status 0-3 for patients <75 years and WHO performance status 0-2 for patients >= 75 years;

4. Measurable disease as defined by the presence of M-protein in serum or urine or proven plasmacytoma by biopsy;

5. Written informed consent.

### **Exclusion criteria**

- 1. Non-secretory MM;
- 2. Known hypersensitivity to thalidomide;
- 3. Systemic AL amyloidosis;
- 4. Polyneuropathy, grade 2 or higher;
- 5. Severe cardiac dysfunction (NYHA classification II-IV);
- 6. Severe pulmonary dysfunction;

7. Significant hepatic dysfunction (total bilirubin >= 30 |Ìmol/l or transaminases >= 3 times normal level), unless related to Myeloma;

- 8. Creatinine clearance <30 ml/min;
- 9. Patients with active, uncontrolled infections;

10. Pre-treatment with cytostatic drug, IMIDs or proteasome inhibitors;

11. Radiotherapy or a short course of steroids (e.g. 4 day treatment of dexamethasone 40 mg/day or equivalent) are allowed;

12. Patients known to be HIV-positive History of active malignancy during the past 5 years, except basal carcinoma of the skin or stage 0 cervical carcinoma;

13. Not able and/or not willing to use adequate contraception.

## Study design

## Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	25-02-2009
Enrollment:	668
Туре:	Actual

### **IPD sharing statement**

Plan to share IPD: Undecided

## **Ethics review**

Positive opinion	
Date:	13-01-2009
Application type:	First submission

## **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL1552
NTR-old	NTR1630
Other	EudraCT nummer : 2007-004007-34
ISRCTN	ISRCTN wordt niet meer aangevraagd

# **Study results**

Summary results N/A