# Improving treatment decisions for elderly cancer patients by including their preferences and performing an assessment.

No registrations found.

**Ethical review** Not applicable

**Status** Recruitment stopped

Health condition type -

**Study type** Observational non invasive

## **Summary**

#### ID

NL-OMON25276

Source

NTR

**Brief title** 

n/a

#### **Health condition**

frailty, cancer in the elderly, patient preferences, treatment objectives, treatment decisions

frailty, kanker en ouderen, patientvoorkeuren, behandeldoelen, behandelbesluiten

## **Sponsors and support**

**Primary sponsor:** University Medical Center Groningen

Source(s) of monetary or material Support: The Dutch Cancer Society (KWF

Kankerbestrijding)

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

Change in treatment advice; Geriatric assessment outcomes; Process of inclusion and decision-making

#### **Secondary outcome**

(Improved) outcome; Patient satisfaction

## **Study description**

#### **Background summary**

In this study, we aim to include 250 onco-geriatric patients. They undergo a Geriatric Assessment and are interviewed by trained oncology nurses. They are asked to state their treatment goals and preferences using a decision tool. Following inclusion, patients are discussed during a dedicated onco-geriatric multidisciplinary team meeting and a treatment advice is given to their treating consultant based on assessment and interview outcomes. Follow-up takes place 6 months post-treatment.

#### Study objective

The majority of newly diagnosed cancer patients are >65 years of age. Elderly patients are more vulnerable than younger ones, due to comorbidities and frailty. Their treatment goals and preferences may also differ greatly. This study uses a stepwise approach to investigate decision-making, comparing tumour board decisions to treatment advice by a multidisciplinary onco-geriatric team meeting.

#### Study design

Geriatric assessment + patient preferences + interview: upon inclusion.

Multidisciplinary onco-geriatric team meeting + patient discussion: up to 1 week after inclusion

Follow-up interview, GARS, EORTC-QLQ-c30 and EORTC-QLQ-eld14: >6 months post-treatment

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#### Intervention

Geriatric Assessment including Time Up and Go (TUG), Groningen Activity Restriction Scale (GARS), Groningen Frailty Indixcator (GFI) EORTC QLQ-c30 and eld14; Letterfluency Test, Charlson comorbidity index (CCI). Patient preference discussion and prioritisation using Options Tool, nurse-led interview.

### **Contacts**

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## **Eligibility criteria**

#### Inclusion criteria

age >69 years; (suspicion of) solid tumour; referred to hospital for treatment; Dutch speaking

#### **Exclusion criteria**

no malignancy; non-solid malignancy; Non-Dutch speaking

# Study design

## **Design**

Study type: Observational non invasive

Intervention model: Factorial

Allocation: Non controlled trial

Masking: Open (masking not used)

Control: N/A , unknown

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 01-09-2014

Enrollment: 250

Type: Actual

## **Ethics review**

Not applicable

Application type: Not applicable

## **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL6473 NTR-old NTR6660 Register ID

Other KWF: RUG 2013-6444

# **Study results**

## **Summary results**

n/a