

# The effectiveness of PratenOnline.nl.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON25292

### Source

Nationaal Trial Register

### Brief title

PratenOnline

### Health condition

Depression

Depressie

## Sponsors and support

**Primary sponsor:** Trimbos-instituut, Utrecht

Jeugdriagg Noord Holland Zuid, Haarlem

**Source(s) of monetary or material Support:** ZonMw, The Netherlands Organization for Health Research and Development

## Intervention

## Outcome measures

### Primary outcome

Depressive symptoms.

### Secondary outcome

## Study description

### Background summary

Praten Online (talking online) ([www.pratenonline.nl](http://www.pratenonline.nl)) is a web-based treatment for young people aged 12-22 with symptoms of depression. The treatment module is based on Solution Focused Brief Therapy (SFBT). The objective of the study is to evaluate the efficacy of the web-based intervention Praten Online. The central research question is: Is the web-based intervention Praten Online effective in terms of a decrease in symptoms of depression and an increase in competencies?

The study is a randomised controlled trial with two conditions: the web-based intervention (Praten Online) and a wait listed control group.

Measurements: baseline (t0), about 6 weeks later (t1), 3 months after t1 (t2) and 6 months after t1 (t3).

### Study objective

The treatment of PratenOnline is more effective in terms of depressive symptoms and competence than a wait listed group.

### Study design

Measures are taken at baseline; after 6 weeks (t1) and then 3 (t2) and 6 months (t3) later. After t2 the waiting list group will start with the intervention.

### Intervention

PratenOnline, solution focused brief therapy (SBFT) in a one-to-one online chat with a professional.

Control group: wait listed group

## Contacts

### Public

Trimbos Institute - The Netherlands, Institute for Mental Health and Addiction.  
Centre for Prevention and Brief Intervention,

P.O. Box 725  
Jeannet Kramer  
Da Costakade 45  
Utrecht 3500 AS  
The Netherlands  
+31 (0)30 2959380

### **Scientific**

Trimbos Institute - The Netherlands, Institute for Mental Health and Addiction.  
Centre for Prevention and Brief Intervention,  
P.O. Box 725  
Jeannet Kramer  
Da Costakade 45  
Utrecht 3500 AS  
The Netherlands  
+31 (0)30 2959380

## **Eligibility criteria**

### **Inclusion criteria**

1. 12 to 22 years;
2. An eligible candidate for the chat intervention of Praten Online according to the screener on the site of Praten Online;
3. Having access to a computer and internet.

### **Exclusion criteria**

Having suicidal plans.

## **Study design**

### **Design**

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial

Masking:	Open (masking not used)
Control:	N/A , unknown

## Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	01-12-2008
Enrollment:	228
Type:	Actual

## Ethics review

Positive opinion	
Date:	04-03-2009
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL1612
NTR-old	NTR1696
Other	ZonMw; Metigg : 157002003; 8221
ISRCTN	ISRCTN wordt niet meer aangevraagd

# Study results

## Summary results

N/A