# ANTARCTICA trial: Cryo-thawed embryo transfer: natural versus artificial cycle. A non inferiority trial.

No registrations found.

**Ethical review** Not applicable

**Status** Pending

Health condition type -

**Study type** Interventional

## **Summary**

#### ID

NL-OMON25356

**Source** 

Nationaal Trial Register

**Brief title** 

**ANTARCTICA** trial

**Health condition** 

EN: subfertility, cryo thawed embryo transfer, IVF NL: subfertiliteit, gecryopreserveerder embryo's, IVF

## **Sponsors and support**

**Primary sponsor:** Isala Klinieken dr. BJ Cohlen & drs. ER Groenewoud Postbus 10400 8000 GK Zwolle

Source(s) of monetary or material Support: Stichting Fertiliteitsafdeling.

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

Live birth rate.

#### **Secondary outcome**

- 1. Clinical pregnancy, ongoing pregnancy, cancellation rates (per started cryo cycle).
- 2. Endometrial growth.
- 3. Cost efficiancy and analyses of the burden of treatment.
- 4. SAE.

# **Study description**

#### **Background summary**

Cryopreservation of embryos derived from IVF or IVF-ICSI treatment is a save and cost efficient supplement to regular IVF treatment. Before transferring the embryo's into the uterus it's necessary to synchronise development of embryo and endometrium. This synchronisation is essential for the success of the treatment. Because of this need cryo embryo transfer needs planning en preparation. The are several methods of endometrial preparation preceding frozen thawed embryo transfer. Most common are natural cycle and artificial cycle preparation. Both are accepted methods of endometrium preparation and it's common opinion that live birth rates are comparable. Despite this claim so far no randomised study has been undertaken to confirm this statement.

### **Study objective**

To compare live birth rates among patients receiving cryo thawed embryo transfer after endometrial preparation with estrogen/progesterone substitution and patients receiving cryo thawed embryo transfer in a natural cycle.

#### Study design

No interim analysis will be performed. Total duration of the study will be 3 years (+ 9 months follow up of pregnant subjects).

#### Intervention

Cryo thawed embryo transfer in natural cycle versus artificial cycle.

## **Contacts**

#### **Public**

Postbus 10400 E.R. Groenewoud Isala Klinieken Zwolle 8000 GK The Netherlands

#### **Scientific**

Postbus 10400 E.R. Groenewoud Isala Klinieken Zwolle 8000 GK The Netherlands

# **Eligibility criteria**

#### Inclusion criteria

- 1. Patients between 18 en 40, planning to receive a frozen thawed embryo transfer, embryos orginated out of IVF/ICSI treatment 1,2 or 3.
- 2. Patients are willing to participate during 1 frozen thawed embryo transfer treatment cycle and are willing to sign informed consent.
- 3. Ovulatoir menstruationcycle between 26 and 35 days.

#### **Exclusion criteria**

Patients with a contraindication for medication used in this study such as:

- 1. Trombo-embolic event in the patients history;
- 2. Severe disorder of liverfunction;
- 3. Estrogen sensitive tumors;
- 4. Breastcancer;
- 5. Porfyria;
- 6. Patients with a known allergy for one of the used medicines;
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- 7. Patients with anovulatory menstruation cycles;
- 8. Patients with uterine abnormalities;
- 9. Patients with cryo embryos derrived from oocyte donation.

# Study design

## **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: Active

#### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-03-2009

Enrollment: 1150

Type: Anticipated

## **Ethics review**

Not applicable

Application type: Not applicable

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL1515 NTR-old NTR1586

Other ABR/eudraCT : 23273/2008-002689-68
ISRCTN ISRCTN wordt niet meer aangevraagd

# **Study results**