

The effectiveness of ‘Mindful with your baby’

No registrations found.

Ethical review	Not applicable
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON25447

Source

Nationaal Trial Register

Brief title

TBA

Health condition

Not applicable

Sponsors and support

Primary sponsor: UvA minds

Source(s) of monetary or material Support: MindMore Foundation

Intervention

Outcome measures

Primary outcome

Parental stress

Secondary outcome

Maternal mental problems, mindfulness, mindful parenting, sensitivity, mind-mindedness,

self-efficacy, partner relationship, bonding, en infant regulation.

Study description

Background summary

The effectiveness of the intervention Mindful with your baby, a mindful parenting training for mothers with a baby offered in both clinical and non-clinical settings, will be studied. Mindful with your baby is a training for mothers who experience stress in motherhood. The study has 5 measurement occasions an outcome measures include both parental and baby outcomes, and outcomes regarding the observed parent-child interaction.

Study objective

Mindful with your baby is effective in decreasing parental stress.

Study design

waitlist, pretest, posttest, 8-week follow-up and long-term follow-up (8 to 12 months after the training)

Intervention

Mindful with your baby, a mindful parenting intervention.

Contacts

Public

UvA minds
Eva Potharst

0617698305

Scientific

UvA minds
Eva Potharst

0617698305

Eligibility criteria

Inclusion criteria

Mothers with a baby aged 0 to 18 mothers who experience stress in motherhood

Exclusion criteria

Current psychosis, current severe depression, current severe PTSS, current drug abuse

Study design

Design

Study type:	Interventional
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Single blinded (masking used)
Control:	N/A , unknown

Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-03-2017
Enrollment:	80
Type:	Anticipated

IPD sharing statement

Plan to share IPD: No

Ethics review

Not applicable

Application type:

Not applicable

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register ID

NTR-new NL7785

Other Ethical committee of the University of Amsterdam : 2017-CDE-7946

Study results

Summary results

Effectiveness of Mindful with your baby in a clinical and non-clinical setting.