

# Lycopene and Vitamin E in men with minimal prostate cancer and rising PSA after radical prostatectomy. A double blind randomised placebo controlled cross-over study.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON25453

### Source

NTR

### Brief title

BASF dietary study

### Health condition

Minimal prostate cancer and rising PSA after radical prostatectomy.

## Sponsors and support

**Primary sponsor:** BASF Aktiengesellschaft.

## Intervention

## Outcome measures

### Primary outcome

Slope of the regression line through all two-weekly PSA measurements.

### **Secondary outcome**

Plasma levels of testosterone, estradiol, DHEA, DHT, and SHBG, and IGF-1 during the intervention as compared to placebo.

## **Study description**

### **Background summary**

The goal of this protocol is to show an effect of a dietary supplement on PSA progression. This will be measured by the impact of the dietary supplement on the slope of a documented PSA rise, which is translatable into an effect on PSA doubling time. This approach is considered by the study group as the closest approximation of a tertiary prevention study, which is at this moment clinically feasible.

Extra safeguards will be filled in by run-in and washout periods, as well as by conducting animal experimental studies on human prostate cancer lines in nude mice.

The present protocol should produce evidence that may lead to the justification of more extensive studies that would more definitely establish the value of dietary intervention with supplements.

### **Study objective**

A combination of Lycopene and Vitamin E decreases PSA progression.

### **Study design**

N/A

### **Intervention**

Lycopene 15 mg and Vitamin E 400 IU each day during 12 weeks versus placebo. After a washout period cross-over will take place.

## **Contacts**

### **Public**

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## Eligibility criteria

### Inclusion criteria

1. Status after radical prostatectomy with potential curative intent;
2. Rising PSA;
3. Life expectancy  $\geq$  12 months;
4. Age  $\geq$  18 years.

### Exclusion criteria

1. Current hormone therapy or hormone therapy during previous 12 months;
2. Orchiectomy;
3. Chemotherapy, radiotherapy or TURP prior to study resulting in PSA decrease that is currently ongoing.

## Study design

## Design

Study type:	Interventional
Intervention model:	Crossover
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Placebo

## Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	27-01-2003
Enrollment:	80
Type:	Actual

## Ethics review

Positive opinion	
Date:	22-08-2005
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL95

**Register**

NTR-old

Other

ISRCTN

**ID**

NTR126

: A300205

ISRCTN02859773

## Study results

**Summary results**

Schroder FH, Roobol MJ, Boeve ER, de Mutsert R, Zijldgeest-van Leeuwen SD, Kersten I, Wildhagen MF, van Helvoort A.<br>

Randomized, double-blind, placebo-controlled crossover study in men with prostate cancer and rising PSA: effectiveness of a dietary supplement.

Eur Urol. 2005 Dec;48(6):922-30; discussion 930-1. Epub 2005 Oct 17.