

# An e-Health Intervention for Dutch Women with Stress Urinary Incontinence

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruiting
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON25463

### Source

Nationaal Trial Register

### Brief title

An e-Health Intervention for Dutch Women with Stress Urinary Incontinence

### Health condition

Stress-urinary incontinence

## Sponsors and support

**Primary sponsor:** Grotendeels eigen bijdrage afdeling vrouwenstudies Radboudumc.

**Source(s) of monetary or material Support:** Tevens subsidies door Huisartsen Oude Turfmarkt/ Bureau studentenartsen en Continentie Stichting Nederland

## Intervention

## Outcome measures

### Primary outcome

barriers and facilitators for implementation the e-health intervention (Tät®- treatment of Stress Urinary incontinence) for the treatment of stress urinary incontinence. Are these barriers and facilitators related to age and severity of incontinence?

## Secondary outcome

the effect of an e-health intervention for the treatment and guidance of Dutch women with SUI on incontinence severity and quality of life and the technical data on the use of the intervention

## Study description

### Background summary

Stress urinary incontinence (SUI) is a common problem with great potential influence on quality of life. Although effective treatment options are available, women do not always seek help. Internet delivery may make healthcare more accessible to women with SUI. An e-health intervention for SUI has shown to be effective in a Swedish trial. Based on these results, implementation of an e-health intervention for Dutch women with SUI might be successful. The objective of this study is to investigate barriers and facilitators of implementation of an e-health intervention for the treatment and guidance of Dutch Women with SUI, as well as its effect on incontinence severity and quality of life.

### Study objective

Stress urinary incontinence (SUI) is a common problem with great potential influence on quality of life. Although effective treatment options are available, women do not always seek help. Internet delivery may make healthcare more accessible to women with SUI. An e-health intervention for SUI has shown to be effective in a Swedish trial. Based on these results, implementation of an e-health intervention for Dutch women with SUI might be successful.

### Study design

T0 (start)

T1 (3 months after start)

T2 (6 months after start)

### Intervention

E-health intervention (Tät®- treatment of Stress Urinary incontinence) with pelvic floor muscle training and life style advices

## Contacts

### **Public**

Radboudumc Primary Care

Lotte Firet

Postbus 9101, Huispost 117

Nijmegen 6500 HB

The Netherlands

### **Scientific**

Radboudumc Primary Care

Lotte Firet

Postbus 9101, Huispost 117

Nijmegen 6500 HB

The Netherlands

## Eligibility criteria

### **Inclusion criteria**

Women aged ≥ 18 years; Stress urinary incontinence or mixed urinary incontinence with predominantly stress urinary incontinence; Capable of understanding Dutch language; Internet access

### **Exclusion criteria**

Participation in another therapy program/ trial regarding stress urinary incontinence; Surgery for urinary incontinence six months prior to baseline; Pelvic floor muscle treatment from physiotherapist six months prior to baseline; Pregnancy; Malignancy in lower abdomen; Severely ill/ severe mental illness.

## Study design

## Design

Study type:	Interventional
Intervention model:	Other
Allocation:	Non controlled trial
Masking:	Open (masking not used)
Control:	N/A , unknown

## Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-07-2018
Enrollment:	100
Type:	Anticipated

## Ethics review

Positive opinion	
Date:	16-01-2018
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL6570

**Register**

NTR-old

Other

**ID**

NTR6956

CCMO Nijmegen : 58716

## Study results