

# Metabolic control with glucose-insulin-potassium infusion in acute myocardial infarction (GIPS II).

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON25522

### Source

NTR

### Brief title

GIPS II

### Health condition

Acute myocardial infarction eligible for reperfusion therapy.

## Sponsors and support

**Primary sponsor:** Zwolle, Isala Klinieken, locatie Weezenlanden Dr J.H.E. Dambrink  
Groningen, Academisch Ziekenhuis Dr S.A.J. van den Broek  
AMC Amsterdam

## Intervention

## Outcome measures

### Primary outcome

30-day mortality (death from any cause and cardiovascular (death).

## Secondary outcome

Secondary endpoints are one-year mortality, and analysis of pre-specified subgroups.

## Study description

### Background summary

Treatment with glucose-insulin-potassium (GIK) infusion during the acute phase of myocardial infarction has been proposed as therapeutic intervention for protection of the ischaemic myocardium.

Current evidence suggests an effect in patients with acute myocardial infarction without signs of heart failure at admission treated with reperfusion therapy (i.e. primary coronary angioplasty). There is also evidence for the treatment with insulin-glucose infusion in combination with strict metabolic control for at least three months thereafter for patients with type 2 diabetes mellitus (i.e. a history of diabetes mellitus, previously treated with oral hypoglycaemic agents or bloodglucose level at admission „d 11.1 mmol/l) and acute myocardial infarction.

Recently, it has been shown that obtaining and maintaining normoglycaemia (i.e. plasma-glucose concentrations of 4.4 and 6.1 mmol/l) in patients admitted to a Surgical Intensive Care Unit will lead to a marked reduction in morbidity and mortality.

### Study objective

The study will address what the effects will be of metabolic intervention with or without the infusion of GIK on 30-day and 1-year mortality in patients eligible for reperfusion therapy (i.e. primary coronary angioplasty or thrombolysis).

### Study design

N/A

### Intervention

An infusion of 80 mmol potassium chloride in 500 ml 20 percent glucose with a rate of 2 ml/kilogram body weight/hour over an 12 hour period in a peripheral venous line (Appendix 1).

The infusion is started as soon as possible after admission to the hospital after determination of blood-glucose level in combination with reperfusion therapy.

A continuous infusion of short-acting insulin (50 units Actrapid HM [Novo Nordisk, Copenhagen, Denmark] in 49.5 ml of 0.9 percent sodium chloride with the use of a perfusor-pump will also be started.

Blood-glucose levels will be measured hourly.

Baseline insulin infusion dose and adjustments of insulin dose will be based on a nomogram to obtain and maintain blood-glucose levels of 6.0 to 10.0 mmol/l (see appendix).

The insulin infusion will be stopped 1 hour prior to the discontinuation of the glucose ;V potassium infusion. After the glucose-potassium (GK) infusion is stopped insulin may be continued based on glucose measurements according to conventional care or until the infusion rate is less than 1 IU/hour.

## Contacts

### Public

Diagram B.V. Zwolle  
Dokter Stolteweg 96

J. Klijn  
Dokter Stolteweg 96

Zwolle 8025 AZ  
The Netherlands  
+31 (0)38 4262997

### Scientific

Diagram B.V. Zwolle  
Dokter Stolteweg 96

J. Klijn  
Dokter Stolteweg 96

Zwolle 8025 AZ  
The Netherlands  
+31 (0)38 4262997

## Eligibility criteria

### Inclusion criteria

Acute myocardial infarction diagnosed by:

1. Chest pain suggestive for acute myocardial infarction;
2. Symptom-onset < 6 hour after hospital admission;

3. ECG with ST-T segment elevation  $> 1$  mV in 2 or more leads.

Patients are eligible for either primary coronary angioplasty or thrombolysis.

Patient who has given his or her informed consent to take part in the study.

## Exclusion criteria

1. Unwillingness to participate;
2. Presence of heart failure (either one of these symptoms):
  - a. Heart rate,  $> 90$  beats/min;
  - b. Systolic blood pressure  $< 100$  mmHg with anterior myocardial infarction;
  - c. Killip „d II (third heart sound, „d hand-wide rales).

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	01-05-2003
Enrollment:	900
Type:	Actual

## Ethics review

Positive opinion

Date: 12-08-2005

Application type: First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL84
NTR-old	NTR114
Other	:
ISRCTN	ISRCTN08189331

## Study results

### Summary results

1. BMC Med. 2005 Jun 2;3:9. <br>
2. J Am Coll Cardiol. 2006 Apr 18;47(8):1730-1. Epub 2006 Mar 27. <br>
3. Int J Cardiol. 2007 Oct 31;122(1):52-5. Epub 2007 Jan 16. <br>