

Testing “Hou vol! Geen alcohol”, a prevention program for parents and elementary schoolchildren targeted at delaying the age of alcohol onset of Dutch youth.

No registrations found.

Ethical review	Positive opinion
Status	Pending
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON25555

Source

NTR

Brief title

Hou vol! Geen alcohol / In control! No alcohol

Health condition

Alcohol, Prevention, Children, Parents
Preventie, Kinderen, Ouders

Sponsors and support

Primary sponsor: Radboud University Nijmegen, Behavioural Science Institute
Trimbos Institute, Netherlands Institute of Mental Health and Addiction

Source(s) of monetary or material Support: ZON-MW, The Netherlands Organization for Health Research and Development

Intervention

Outcome measures

Primary outcome

Initiation of alcohol use and/or intensity of alcohol use.

The intervention will start in October 2011. The mothers will receive an activity guide every month. Mothers and children fill in online-questionnaires.

Secondary outcome

1. Anti-alcohol socialization:

A. Frequency and quality of communication about alcohol;

B. Monitoring;

C. Parental norms;

D. House rules.

2. Child cognitions:

A. Intention to drink alcohol;

B. Attitude towards drinking;

C. Alcohol expectations.

3. Friend alcohol use;

4. Parental support;

5. Parental alcohol use;

6. Parental alcohol-related problems;

7. Anti-alcohol socialization:

A. Availability of alcohol at home;

B. Psychological control.

Study description

Background summary

The aim of the project is to test a highly innovative program for mothers and children of elementary school age in a Dutch sample. A randomized controlled trial (RCT) will be conducted among mothers of 8th grade children, and short- and long-term assessments on child drinking indicators and anti-alcohol socialization will be conducted.

Study objective

Two hypotheses will be tested. First, we expect parents in the experimental group, who drink as well as those who abstain from alcohol, to use more alcohol-specific socialization strategies than parents in the control group. Second, we expect that children involved in the "Hou vol! Geen alcohol" intervention will be less likely to start drinking than children in the control group.

Study design

Baseline, 6 months, 12 months and 18 months.

Intervention

The objective of the present study is to test an intervention program focusing on anti-alcohol socialization skills for parents of primary schoolchildren: "Hou vol! Geen alcohol". "Hou vol! Geen alcohol" is a home-based program and consists of a series of five activity guides for parents and children to complete together. These guides will be mailed to their homes every month.

For the control group an alternative program will be used based on facts. These factsheets provide knowledge about youth drinking and focuses parents attention on macro level variables relevant to youth drinking but not targeted by treatment versions of the program.

Contacts

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Eligibility criteria

Inclusion criteria

1. Participating mothers need to be the mother or a female guardian;
2. Having a child in the 8th grade of the Dutch elementary school system;
3. Mother and child need to be able to speak and read Dutch;
4. Only one child per household is eligible to participate.

Exclusion criteria

1. Fathers or male guardians;
2. Children outside grade 8 of the Dutch elementary school system;
3. Mother or child not being able to speak and read Dutch;
4. More than 1 child per household participating in the study.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial

Masking:	Single blinded (masking used)
Control:	Active

Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-01-2011
Enrollment:	1312
Type:	Anticipated

Ethics review

Positive opinion	
Date:	12-10-2010
Application type:	First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL2447
NTR-old	NTR2564
Other	ZonMw : 50-51505-98-017
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Study results

Summary results

N/A