

Understanding schemamodi by drawings

No registrations found.

Ethical review	Positive opinion
Status	Pending
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON25561

Source

NTR

Health condition

schemamodi
drawings

Schemamodi
getekende modiplaten

Sponsors and support

Primary sponsor: none

Source(s) of monetary or material Support: none

Intervention

Outcome measures

Primary outcome

We expect that the patient within the experimental group, will have a better understanding of their modi, and therefore also of their behavioral patterns underlying their PDs, due to the visualization of the different modi.

Secondary outcome

Study description

Study objective

The current study was developed to evaluate the effect of the modi drawings on treatment outcome. We hypothesize that patients within the art modi group have more knowledge of their modi, which in turn will lead to a better understanding of why they act as they do. During the first phase of ST (diagnostic and psycho-educational phase of ST) a therapeutic relationship will be built. Additionally information that will result in a schema modi conceptualization will be acquired. We also hypothesize that the therapeutic alliance increases when participants feel their therapist understands them in the therapeutic sessions.

Study design

session 1: Schema Modi Inventory (SMI) and the Work Alliance Questionnaire will be filled in by the participants

session 2: Questionnaire Understanding schemamodi

session 4: Work Alliance Questionnaire and the Questionnaire Understanding schemamodi will be filled in.

Intervention

Treatment contains four individual sessions in four weeks, one session a week. Each session has a duration of forty-five minutes. During the first session, there is an acquaintance with the therapist and an explanation of the protocol and the participants will be asked to fill in the SMI and the WAV-12 as homework. In session two, the participants get psycho-education about their active modi based on the SMI-scores. During this session the participants will be asked to fill in the QUS. Participants in the experimental group get the drawings of their active modi after they have filled in the QUS. By means of the drawings the various active modes will be verbally and visually explained. In the control group, participants get the explanation of the modes only in the conversation with the therapist. After session two participants get homework and will be asked to fill in modi diary of their active schemamodi. This will be discussed in the third session with the participants. Also a diagnostics imagination will be done during the third session, to increase the understanding between the patterns of past and present. In the last session, session four, a modi caseconceptualization is made with the participants. At the end of this session, the participants will fill in the WAV-12 and the QUS

Contacts

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Eligibility criteria

Inclusion criteria

The current study was developed to evaluate the effect of the modi drawings on treatment outcome. We hypothesize that patients within the art modi group have more knowledge of their modi, which in turn will lead to a better understanding of why they act as they do. During the first phase of ST (diagnostic and psycho-educational phase of ST) a therapeutic relationship will be built. Additionally information that will result in a schema modi conceptualization will be acquired (Young, Klosko, & Weishaar, 2005). We also hypothesize that the therapeutic alliance increases when participants feel their therapist understands them in the therapeutic sessions.

Exclusion criteria

Exclusion criteria are intoxication by drugs or alcohol and severe depression as measured with the Beck Depression Inventory (BDI \geq 30).

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-02-2016
Enrollment:	64
Type:	Anticipated

Ethics review

Positive opinion	
Date:	19-10-2015
Application type:	First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register ID

NTR-new NL5235

Register ID

NTR-old NTR5459

Other Ethische Commissie Psychology Maastricht University : ECP-156-09_09_2015

Study results