

# THE EFFECTIVENESS OF AN ADAPTED SCHEMA GROUP THERAPY FOR OLDER ADULTS WITH PERSONALITY DISORDERS

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruiting
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON25615

### Source

Nationaal Trial Register

### Health condition

personality disorder, elderly, schema-focused therapy

persoonlijkheidsstoornis, ouderen, schema-focused therapie

## Sponsors and support

**Primary sponsor:** -

**Source(s) of monetary or material Support:** -

## Intervention

## Outcome measures

### Primary outcome

Symptomatic distress

Early maladaptive schemas (EMS)

Schema modes

(mal)adaptive personality functioning

## **Secondary outcome**

-

## **Study description**

### **Background summary**

THE EFFECTIVENESS OF SCHEMA GROUP THERAPY IN OLDER OUTPATIENTS. The aim of this study is to evaluate whether an adaption of the SCBT-g protocol with gerotopics will enhance the effectiveness of SCBT-g in a group of older adults with one or more PDs.

### **Study objective**

The aim of the current study is to evaluate whether an adaption of the SCBT-g protocol with gerotopics will enhance the effectiveness of SCBT-g in a group of older adults suffering from one or more PDs. Based on the hypotheses in the literature (van Alphen et al., 2012; Videler et al., 2014; Videler et al., 2015; Videler et al., in press), the following adjustments are made: a) take more time to learn the schema language and train the cognitive techniques; b) using examples that fit in to the experience of older adults; c) integrate experiential techniques like imagery and rescripting; d) compensating the decline of social support by encouraging the group cohesion whereby the therapist acts as a parent and the participants take the role of siblings and include the support system; e) add treatment strategies on the modes (e.g. group imagery, improvisation) and f) contextualize to a life course perspective by integrating wisdom enhancement and stimulating worth enhancing beliefs. After the adapted form of SCBT-g treatment we expect to find a decline of symptomatic distress, EMS and mode severity and more adaptive personality functioning. In addition, we expect to find a greater treatment effect in comparison to the earlier study by Videler et al. (2014).

### **Study design**

pre-, mid- and post-test

### **Intervention**

The short-term group therapy consists of 20 sessions, 18 weekly sessions of 90 minutes and 2 booster sessions of 90 minutes, one and two months after termination of treatment.

## Contacts

### Public

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### Scientific

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## Eligibility criteria

### Inclusion criteria

Inclusion criteria are participants of sixty years and older diagnosed with a PD according to the DSM-5 (Section-II)-criteria. Patients are diagnosed with the Structured Clinical Interview for DSM-IV Axis II Personality Disorders (SCID II; First, Gibbon, Spitzer, Williams & Benjamin, 1997; Dutch Translation Weertman, Arntz & Kerkhofs, 2000) completed with measurements on the Gerontological Personality disorders Scale (GPS; van Alphen, Engelen, Kuin, Hoijsink & Derksen, 2006), Severity Indices of Personality Problems Short Form (SIPP-SF; derived from the SIPP-118; Verheul et al., 2008) and the Dutch informant personality questionnaire (HAP; Barendse & Thissen, 2006).

### Exclusion criteria

Exclusion criteria are: 1) severe cognitive impairments due to a neurodegenerative disease (MMSE<24); 2) a schizoid, schizotypal or antisocial PD; 3) substance abuse needing clinical detoxification; 4) lifetime prevalence of psychosis or bipolar disorder; 5) major psychotic depression; 6) learning disabilities (IQ<75); 7) patients with significant hearing or vision problems to such an extent that they cannot participate in a group.

## Study design

### Design

Study type: Interventional

Intervention model:	Parallel
Allocation:	Non controlled trial
Masking:	Open (masking not used)
Control:	N/A , unknown

## Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	15-08-2017
Enrollment:	20
Type:	Anticipated

## Ethics review

Positive opinion	
Date:	11-07-2017
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL6379
NTR-old	NTR6563
Other	METC : 17N93

# Study results

## Summary results

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