# Mycophenolate sodium vs Everolimus or Ciclosporin with Allograft Nephropathy as Outcome.

No registrations found.

**Ethical review** Positive opinion **Status** Recruitment stopped

Health condition type -

**Study type** Interventional

# **Summary**

#### ID

NL-OMON25640

**Source** 

NTR

**Brief title** 

**MECANO** 

**Health condition** 

prospective, open, randomized multicenter

## **Sponsors and support**

**Primary sponsor:** MECANO Steering group

Chair: S.Surachno/F.Bemelman

Source(s) of monetary or material Support: Novartis Pharma

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

Degree of inflammation and fibrosis and degree of arteriolar hyalinosis in renal biopsies taken at 6 and 24 months after implantation.

#### **Secondary outcome**

- 1. Vascular assesments by IMT and M-mode of carotis interna;
- 2. Bloodpressure and number of antihypertensive drugs;
- 3. Lipid profile;
- 4. Renal allograft survival and function;
- 5. Patient survival:
- 6. Incidence of malignancies;
- 7. Infectious complications.

# **Study description**

#### **Background summary**

This study compares the results on changes of renal allograft histology by optimal use of ciclosporin, mycophenolate sodium and everolimus (primary endpoints). Furthermore cardiovascular, infectious and oncologic endpoints will be assessed in each group and compared to each other.

#### Study objective

By achieving optimal immunosuppression with minimal sideeffects due to controled drugexposure by target AUC's we expect reduction of druginduced damage on kidney and cardiovascular system. Three drugs will be subject of study: ciclosporin, mycophenolate and everolimus.

#### Study design

N/A

#### Intervention

By achieving stable state 6 months after renal transplantation a baseline renal allograft biopsy is performed and randomisation in one of the three arms of the study takes place.

Arm 1: prednisolon and AUC guided ciclosporin treatment;

Arm 2: prednisolon and AUC guided mycophenolate mofetil sodium treatment;

Arm 3: prednisolon and AUC guided everolimus treatment. All treatment arm have a duration of 18 month whereafter a final renal allograft biopsy is performed.

It has to be noted that for the 3 treatmentarms no separate control group is defined because no data exists addressing the "golden standard" treatment after renal transplantation.

## **Contacts**

#### **Public**

Academic Medical Center (AMC), Renal transplant unit,

P.O. Box 22660

S. Surachno

Meibergdreef 9

Amsterdam 1100 DD

The Netherlands

+31 (0)20 5664170 / +31 (0)20 5669111

#### Scientific

Academic Medical Center (AMC), Renal transplant unit,

P.O. Box 22660

S. Surachno

Meibergdreef 9

Amsterdam 1100 DD

The Netherlands

+31 (0)20 5664170 / +31 (0)20 5669111

# **Eligibility criteria**

#### Inclusion criteria

- 1. First or second renal transplant;
- 2. Female or male 18-70 years;
- 3. Cadaveric or non-HLA identical living donor;
- 4. Understands risks and purpose of study;
- 5. written informed consent.

#### **Exclusion criteria**

- 1. Double kidney transplants, kidney-pancreas transplants, 3rd or 4th transplant;
- 2. PRA > 50% historic or current;
- 3. Pregnancy or unwilling to use contraception during the study;
- 4. Cholesterol > 8,5 mmol/l;
- 5. History of therapy resistance against HMG co-reductase inhibitors.

# Study design

## **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: Active

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 01-01-2004

Enrollment: 255

Type: Actual

# **Ethics review**

Positive opinion

Date: 17-01-2006

Application type: First submission

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

RegisterIDNTR-newNL523NTR-oldNTR567Other: N/A

ISRCTN ISRCTN69188731

# **Study results**

#### **Summary results**

N/A