

# Metformin for Hidradenitis Suppurativa

No registrations found.

<b>Ethical review</b>	Not applicable
<b>Status</b>	Pending
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON25659

### Source

NTR

### Brief title

MetForMe

### Health condition

Hidradenitis Suppurativa

## Sponsors and support

**Primary sponsor:** ZonMw

**Source(s) of monetary or material Support:** ZonMw

## Intervention

## Outcome measures

### Primary outcome

International Hidradenitis Suppurativa Severity Score System (IHS4)

### Secondary outcome

Insulin resistance and metabolic syndrome

Clinical efficacy

patient reported outcomes as NRS-pain, DLQI, Flares, treatment satisfaction and

recommendation  
Cost-effectiveness  
Bio-markers  
Safety and Tolerability

## Study description

### Background summary

A randomized controlled trial investigating the metformin is the treatment for hidradenitis suppurativa. Metformin combined with doxycycline will be compared to the standard treatment of doxycycline monotherapy for HS severity and the effect on the pre-diabetic condition.

### Study objective

Metformin combined with doxycycline will result in a better improvement in HS severity and the pre-diabetic condition of the patients compared to doxycycline monotherapy.

### Study design

12 and 24 weeks

### Intervention

Metformin

## Contacts

### Public

Erasmus Medical Center  
Pim Aarts

0651264409

### Scientific

Erasmus Medical Center  
Pim Aarts

0651264409

## Eligibility criteria

### Inclusion criteria

- Age  $\geq 18$  years at baseline
- A diagnosis of HS for at least 1 year prior to baseline
- mild to moderately active disease defined by a HS Physician Global Assessment (HS-PGA) score of 2-3 and the Refined Hurley classification of mild to moderate at baseline
- Indication for systemic therapy; i.e. uncontrolled disease under conventional topical therapy.
- Able and willing to give written informed consent and to comply with the study requirements

### Exclusion criteria

- Pregnant and lactating women
- Concomitant diabetes mellitus
- Use of antibiotics within 14 days prior to baseline
- Use of immunosuppressing/modulating therapies within 28 days prior to baseline
- A known allergy to metformin or doxycycline or any of the ingredients metformin or doxycycline

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Placebo

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	25-01-2021

Enrollment: 62  
Type: Anticipated

## IPD sharing statement

**Plan to share IPD:** Undecided

## Ethics review

Not applicable  
Application type: Not applicable

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL9050
Other	METC Erasmus MC : EMCD20022

## Study results