

Effectiveness of Zippy's Friends: A randomized controlled trial of a school-based program to promote social-emotional skills in young children.

No registrations found.

Ethical review	Not applicable
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON25699

Source

Nationaal Trial Register

Brief title

ZF

Health condition

social-emotional skills (sociaal-emotionele vaardigheden)

Sponsors and support

Primary sponsor: Trimbos-institute

Source(s) of monetary or material Support: - ZonMw, The Netherlands Organization for Health Research and Development
- Stichting Achmea Gezondheidszorg

Intervention

Outcome measures

Primary outcome

Social-emotional skills. Questionnaires completed by the children, teachers and parents will be used to measure the primary outcome.

Secondary outcome

1. Behavior problems (internalizing and externalizing) - (teacher and parent reports);
2. Class Climate - (teacher- and child reports).

Questionnaires will be used to measure the abovementioned secondary outcomes.

Study description

Background summary

The aim of our study is to determine the effectiveness of the universal school-based ZF program in terms of increased social and emotional skills en decreased problem behavior for children aged 6-8 in the Netherlands in primary schools with a relatively high percentage of children from families with a low socio-economic status. We are conducting a cluster RCT of the school-based ZF program with an experimental condition and an 'education as usual' control condition. ZF will be taught in the experimental condition. Randomization is stratified by school, accounting for level of immigrants and level of urbanization.

Study objective

Zippy's Friends is more effective in promoting social-emotional skills and decreasing problem behavior than the 'education as usual' control group.

Study design

1. Baseline (T0, September-November 2012);
2. Post-intervention (T1, May-July 2013);
3. Follow-up: 18 months after baseline (T2, May-July 2014).

Intervention

The aim of the ZF program is to improve the children's social and emotional skills. The ultimate goal is to strengthen their mental resilience and to diminish their risks of developing emotional and/or behavioral problems. The underlying objective throughout ZF is to expand

the children's repertoire of social and emotional skills and their abilities to adapt these into different situations. The full ZF program consists of 24 classroom lessons, training and support to teachers from experienced trainers, teaching materials for teachers and the children and information materials for parents. The ZF class room program is based around a set of 6 illustrated stories about a group of children, their families, friends and a stick insect Zippy [in Dutch: 'wandelende tak']. The stories describe issues which young children typically experience: Feeling lonely, angry, jealous, friendship difficulties, bullying, dealing with change and loss. The sessions are divided into six modules: feelings, communication, making and breaking relationships, conflict resolution, dealing with change and loss, general coping skills.

The control group will receive education as usual.

Contacts

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Eligibility criteria

Inclusion criteria

1. Schools with a relatively high percentage of children from low SES families are recruited throughout the Netherlands;
2. Participating children are aged 6 to 8 (primary school, group 3 and 4);

3. Aim is that at least one third (33%) of the recruited schools have a significant immigrant population to enable meaningful analyses between immigrant groups, which is operationalized as that 8 of the 24 classes per condition has 20% or more immigrant students, and half of these classes per condition has 40% or more immigrant students in their classes;

4. Passive informed consent from parents.

Exclusion criteria

Participants not meeting the aforementioned criteria.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	N/A , unknown

Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-11-2011
Enrollment:	1108
Type:	Anticipated

Ethics review

Not applicable	
Application type:	Not applicable

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL3664
NTR-old	NTR3810
Other	ZonMw : 50-51510-98-112
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Study results

Summary results

N/A