

# Gebruik en veiligheid van de Applicatie 'moet ik naar de dokter?'

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Pending
<b>Health condition type</b>	-
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON25711

### Source

NTR

### Brief title

APP\_MINDD

### Health condition

triage - triage  
patient - patient  
App - application - applicatie  
safety - veiligheid  
primary care physician - huisarts

## Sponsors and support

**Primary sponsor:** Julius Center for Health Sciences and Primary Care of the University Medical Center Utrecht

**Source(s) of monetary or material Support:** Van Campen Consulting

## Intervention

## Outcome measures

### Primary outcome

The percentage of patients receiving the same advise from the App as from an experienced doctor's assistant performing telephonic triage at an out-of-hours general practice service

## **Secondary outcome**

- percentage of patients intending to follow the advise provided by the App
- Users' satisfaction
- Clarity of the App

## **Study description**

### **Background summary**

The Application 'moet ik naar de dokter?' was developed by the out-of-hours general practice service Apeldoorn in cooperation with Van Campen Consulting. The aim of the App is to allow patients to self-triage their complaints without contacting a physician. The App is fully based on the Dutch triage system (NTS) used in primary care practices and in out-of-hours general practice services. Based on the entered patient's characteristics, signs and symptoms, the App distinguishes the following advise:

1. contact a physician immediately
2. contact your own physician the next day (a possibility when the App is used in the evening or weekend)
3. self-management and/or over-the-counter medication
4. no urgency to do anything

In 2012, the App was registered as a medical device class 1. In 2013, the technical file of the App 'moet ik naar de dokter?' was reviewed by The Health Care Inspectorate (Inspectie voor de Gezondheidszorg) and was considered complete and correct.

Our research investigates whether the App is a practical and safe tool for patients to self-triage their complaints. To this aim users of the App will be asked whether they used the App for a current health problem and whether they are willing to answer four questions:

1. whether they intend to follow the App's advise
2. clarity of the App questions
3. satisfaction with the App
4. whether they allow a physicians' assistant from an out-of-hours general practice service to call them to check the App's advise (the assistant will perform a normal telephonic triage)

### **Study objective**

1

The App is a practical tool for patients needing advise whether and when to consult a primary care physician for their symptoms.

2

The App is a safe tool to identify patients who, based on their characteristics, signs and symptoms, need consultation in primary care (immediate or 1 day later).

### **Study design**

not applicable

### **Intervention**

Using the App 'moet ik naar de dokter?' to self-triage signs and symptoms

## **Contacts**

### **Public**

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### **Scientific**

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## **Eligibility criteria**

### **Inclusion criteria**

Patients using the App for a current health problem and willing to participate

### **Exclusion criteria**

Patients not using the App for a current health problem and/or patients not willing to participate

## Study design

### Design

Study type:	Observational non invasive
Intervention model:	Other
Allocation:	Non controlled trial
Masking:	Open (masking not used)
Control:	N/A , unknown

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-04-2014
Enrollment:	300
Type:	Anticipated

## Ethics review

Positive opinion	
Date:	17-01-2014
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

### Register

NTR-new

NTR-old

Other

### ID

NL4089

NTR4361

: APP\_MINDD

## Study results

### Summary results

planned after the trial