

Kom aan! Gezonde gewichtstoename tijdens de zwangerschap

No registrations found.

Ethical review	Not applicable
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON25955

Source

Nationaal Trial Register

Health condition

Pregnant women who applied to the midwife (zwangere vrouwen die zich bij de verloskundige hebben aangemeld)

Sponsors and support

Primary sponsor: Research Centre for Midwifery Science
Maastricht-Zuyd, The Netherlands

Source(s) of monetary or material Support: Stichting Innovatie Alliantie (SIA), part of the RAAK PRO project Promoting Healthy Pregnancy

Intervention

Outcome measures

Primary outcome

Gestational weight gain in relation to IOM guidelines

Secondary outcome

Attitude, self-efficacy, social influences, barriers, satisfaction, consumption of vegetables,

Study description

Study objective

Gestational weight gain is significant more often healthy when the intervention is used than without the intervention.

De gewichtstoename van zwangere vrouwen is significant vaker binnen de richtlijnen bij het gebruik van de interventie "Kom aan!" dan zonder gebruikmaking van deze interventie.

Study design

1. Start of pregnancy
2. 36 weeks

Intervention

Online program with motivational interviewing, goalsetting, short information films

Contacts

Public

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Scientific

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Eligibility criteria

Inclusion criteria

Pregnant women at the beginning of pregnancy.

Exclusion criteria

- Not pregnant
- Multiple pregnancy
- Gestational age > 13 weeks

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	02-05-2013
Enrollment:	400
Type:	Anticipated

Ethics review

Not applicable	
Application type:	Not applicable

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL4491
NTR-old	NTR4717
Other	METC Atrium-Orbis-Zuyd : 14-N-41

Study results