# Cost-effectiveness of viscosupplementation therapy for patients with osteoarthritis of the knee: a randomized clinical trial.

No registrations found.

Ethical review	Positive opinion
Status	Pending
Health condition type	-
Study type	Interventional

## Summary

### ID

NL-OMON26016

Source NTR

**Brief title** VISK study

#### **Health condition**

osteoarthritis, knee; hyaluronic acid, cost-effectiveness,

### **Sponsors and support**

Primary sponsor: Erasmus MC Department of Orthopedics J.A.N Verhaar, PhD MD, Head of the department Source(s) of monetary or material Support: ZonMW

### Intervention

#### **Outcome measures**

#### **Primary outcome**

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Cost-effectiveness of 3 weekly intra-articular injections with a HA polymer added to usual care.

#### Secondary outcome

Effectiveness of 3 weekly intra-articular injections with HA polymer added to usual care. Subanalysis will be performed for severity of radiographic OA (Kellgren & Lawrence grade 1 and 2 versus grade 3).

# **Study description**

#### **Background summary**

Assessment of cost-effectiveness and efectiveness of 3 weekly intra-articular injections with a HA polymer added to usual care in patients with clinical knee osteoartritis.

#### **Study objective**

1. Viscosupplementation therapy for patients with osteoarthritis of the knee is cost-effective for the dutch health care system;

2. Viscosupplementation therapy for patients with osteoarthritis of the knee has a clinical relevant effect competed to usual treatment.

#### Study design

6 wk, 3, 6, 9, 12 mnth

#### Intervention

Intra-articular injection with a high molecular weight chemically crosslinked hyaluronan polymer of avian origin (HA-polymer) will be given in total three times with a time interval of one week between injections (48 mg hyaluronate derivate per series), provided by a trained orthopedic surgeon according to a standardized protocol. This treatment with Hylan G-F 20 is added to the usual care treatment.

# Contacts

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# **Eligibility criteria**

### **Inclusion criteria**

- 1. Knee pain needs to be present longer than 3 months;
- 2. Severity of the knee pain needs to be more than 2 mm on a VAS score;

3. Radiographic signs of knee OA needs to be present defined by a Kellgren & Lawrence score of grade 1 to 3.

### **Exclusion criteria**

- 1. Viscosupplementation in the target knee within the last year;
- 2. Glucocorticoid or steroid injection into the target knee within the last three months;

3. Intra-articular procedure (arthroscopy (< 6 months), lavage, tibial osteotomy) within the last year;

- 4. History of synovectomy;
- 5. Knee surgery scheduled within the next 9 months;
- 6. Dermatologic disorders or skin infection in proximity to the study knee;

7. Pregnant or planning to be pregnant or lactating females;

8. Poor general health status or specific condition that would interfere with functional assessments (bed ridden patients or patients in wheelchair or who are unable to walk 50

steps unaided);

- 9. Inflammatory arthritis;
- 10. Varus or valgus deformity > 12 degrees;
- 11. Chondrocalcinosis;
- 12. Presence of hip OA severe enough to affect the evaluation of function;
- 13. Receiving regular analgesic therapy for reasons other than painful OA of the knee;
- 14. Chronic use of daily (oral) steroid therapy;
- 15. Alcoholism;

16. Patients from whom it is not sure that they will be able to attend the follow-up measurements;

17. Insufficient command of the Dutch language, spoken and/or written.

# Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Single blinded (masking used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-04-2009
Enrollment:	154
Туре:	Anticipated

# **Ethics review**

Positive opinion Date: Application type:

03-03-2009 First submission

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL1572
NTR-old	NTR1651
Other	MEC Erasmus MC : 2008-267
ISRCTN	ISRCTN wordt niet meer aangevraagd

# **Study results**

# Summary results N/A