# Evaluation of gastrointestinal tolerance of a new thickening powder in patients with dysphagia.

No registrations found.

**Ethical review** Positive opinion **Status** Recruitment stopped

Health condition type -

Study type Interventional

# **Summary**

#### ID

NL-OMON26061

Source

NTR

**Brief title** 

**EVATT** 

**Health condition** 

Dysphagia.

## **Sponsors and support**

Primary sponsor: Numico Research B.V.

Bosrandweg 20 P.O. Box 7005 6700 CA Wageningen The Netherlands

Tel. +31 (0)317-467800

Source(s) of monetary or material Support: N/A

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

Gastrointestinal symptoms (measurements: Stool frequency & consistency, GI symptoms and food & fluid intake).

#### **Secondary outcome**

- 1. Patient product acceptibility (intake thickening powder);
- 2. Carer product evaluation (product evaluation questionnaire).

# **Study description**

#### **Background summary**

Study to describe the gastrointestinal symptoms on a new thickening powder in amounts likely to be consumed by patients with dysphagia.

## Study objective

H0: new thickening powder is equal to current thickening powder (regarding gastrointestinal tolerance).

H1: new thickening powder is unequal to current thickening powder (regarding gastrointestinal tolerance).

#### Study design

N/A

#### Intervention

After a 3-days run-in period with current thickening powder patients will receive thickening powder A or B for 14 days.

Measurements of stool frequency & consistency, GI symptoms and food & fluid intake during the study period using food charts, stool charts and GI questionnaires.

## **Contacts**

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# **Eligibility criteria**

### Inclusion criteria

Main criteria:

- 1. Oropharyngeal dysphagia confirmed by the SLT using bed-side swallowing evaluation or videofluoroscopy;
- 2. Neurogenic aetiology or caused by muscle weakness;
- 3. Stable severity (require thickend drinks for at least 3 weeks after inclusion);
- 4. Written informed consent.

#### **Exclusion criteria**

Main criteria:

- 1. Impaired consciousness level;
- 2. Inadequate cognitive skills to comprehend study requirements and to communicate responses to questions;
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- 3. Bowel habit unable to be defined using the study specific GI questionnaire;
- 4. Enteral tube feeding corresponding to > 50% of total energy intake;
- 5. Use of any foods or fluids thickened with another commercial thickener.

# Study design

## **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Double blinded (masking used)

Control: Active

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 01-12-2005

Enrollment: 50

Type: Actual

## **Ethics review**

Positive opinion

Date: 04-01-2006

Application type: First submission

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

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# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

RegisterIDNTR-newNL513NTR-oldNTR555Other: N/A

ISRCTN ISRCTN86521801

# **Study results**

## **Summary results**

Abstract geaccepteerd voor ESPEN 2007.